

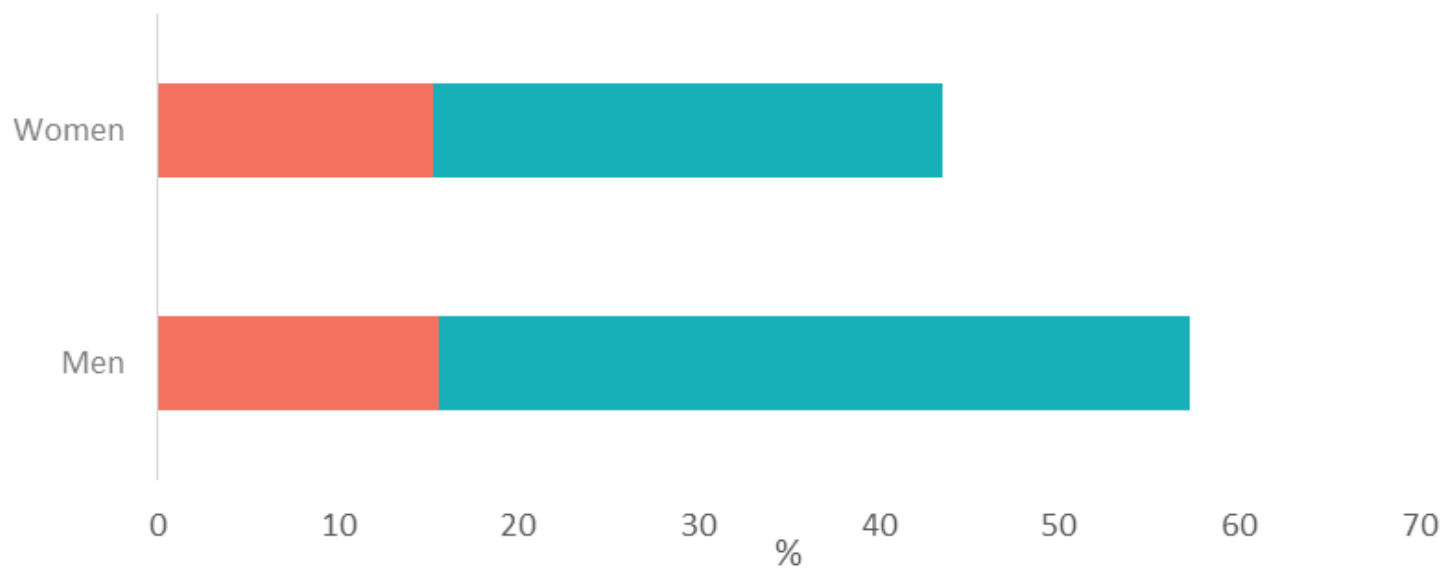


Extended Country Profile Graphics

	Pages
• General Overweight & Obesity Prevalence (%).....	2
• By Age & Education	3-4
• By Age & Income.....	5-6
• Trends in Children 2001-2013/4 (HBSC not EU)	7-10
• Drivers	
• Adolescent physical inactivity	11-12
• Adult physical inactivity	13-14
• Sugar, Vegetable, Confectionery, Sweet & Savoury, Fruit & Soft drink sales/consumption	15-20
• Impact	
• Diabetes.....	21
• High Cholesterol.....	22
• Raised Blood pressure.....	23-24
• Obesity related cancers.....	25-32
• Policies & Interventions (online).....	33
• View prevalence data (online)	34
• Sources.....	35



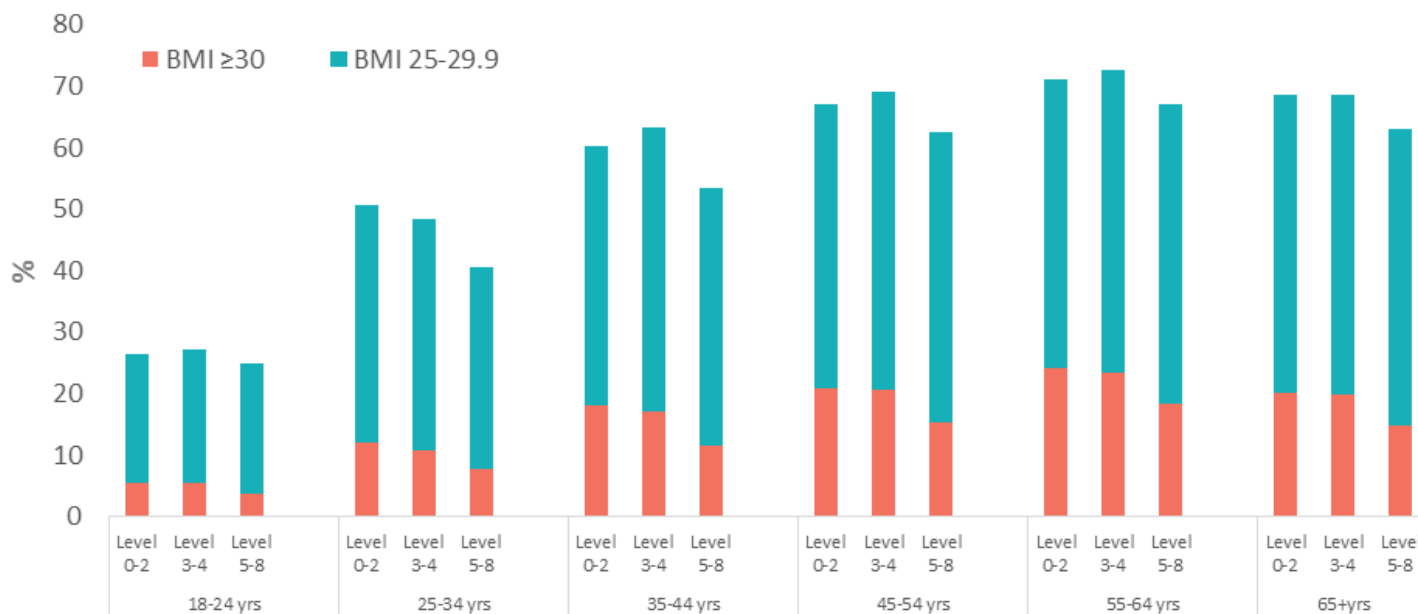
% Overweight & Obesity in Adults in European Union (2014)^e



*Estimated self reported EUROSTAT DATA

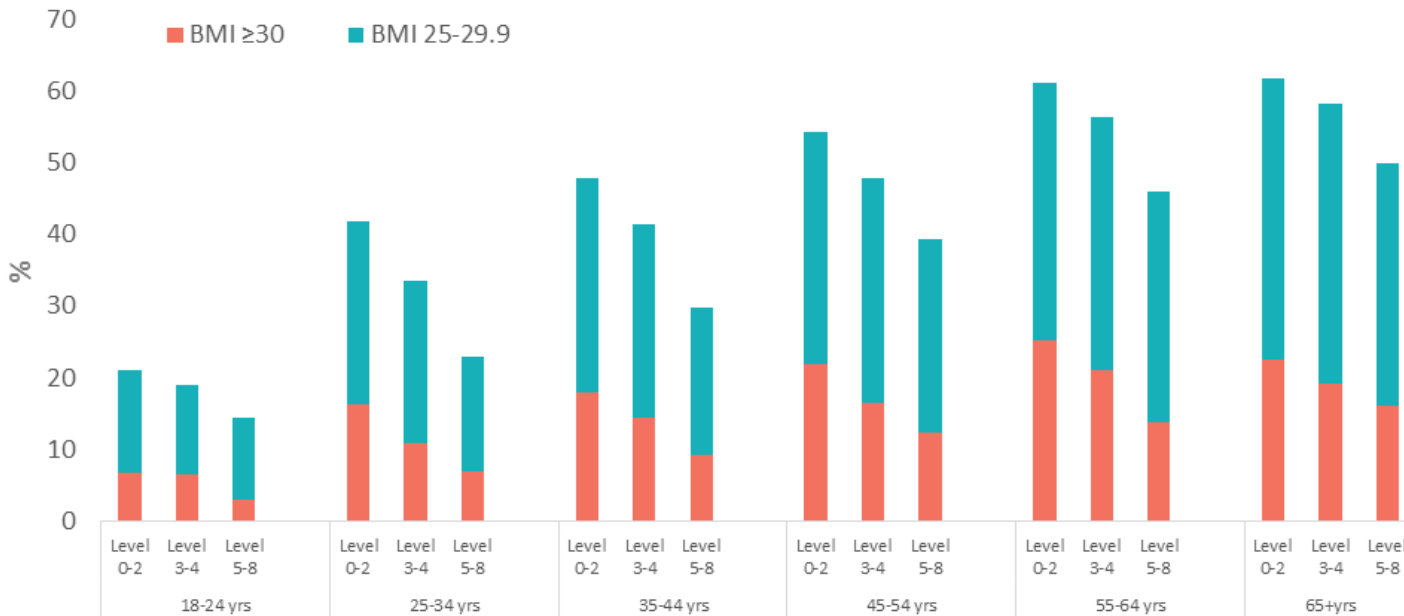
■ Obesity ■ Overweight

% Overweight and Obesity by age & educational attainment in males in the European Union 2014



Less than primary, primary and lower secondary education (levels 0-2)
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
 Tertiary education (levels 5-8)

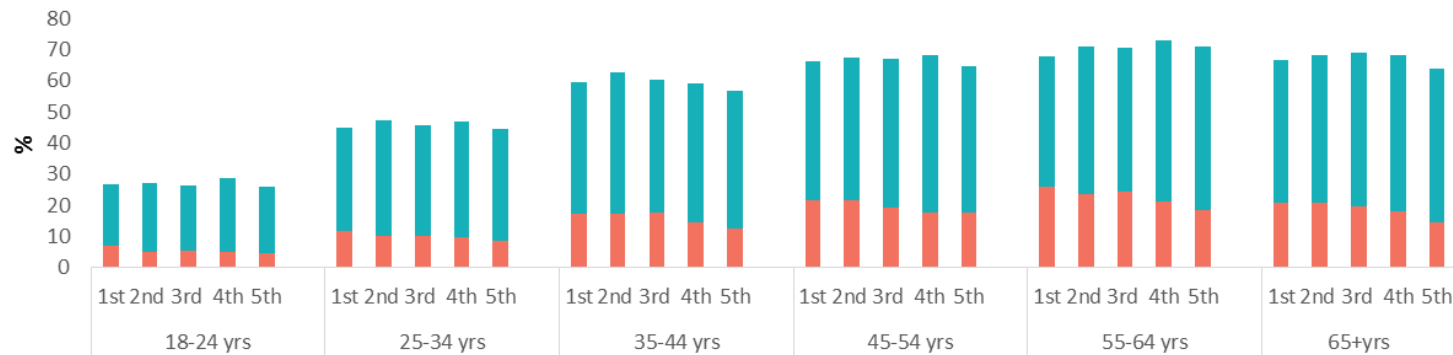
% Overweight and Obesity by age & educational attainment in females in the European Union 2014



Less than primary, primary and lower secondary education (levels 0-2)
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
 Tertiary education (levels 5-8)



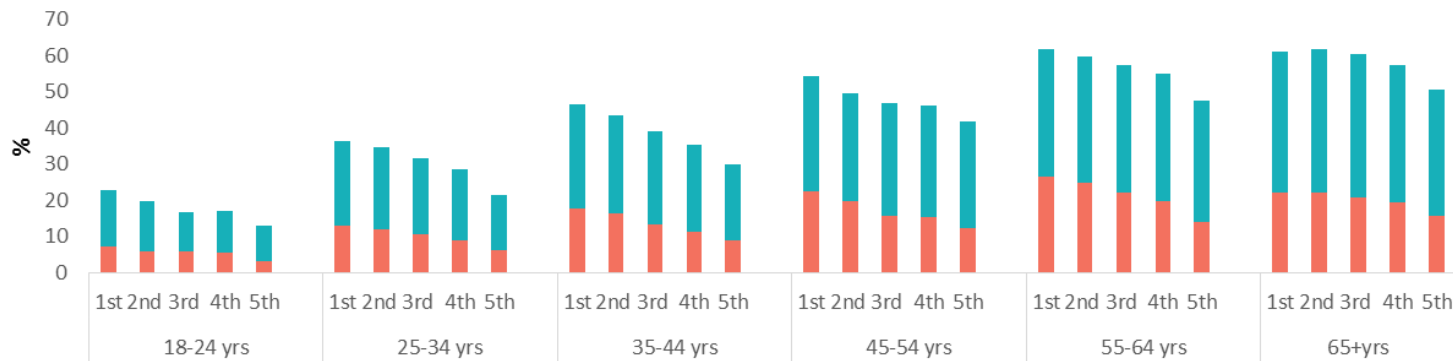
% Overweight & Obesity by age & income quintile in males living in the European Union 2014



1st Quintile (lowest income), 5th Quintile (highest income) ■ BMI ≥30 ■ BMI 25-29.9



% Overweight & Obesity by age and income quintile in females living in the European Union 2014

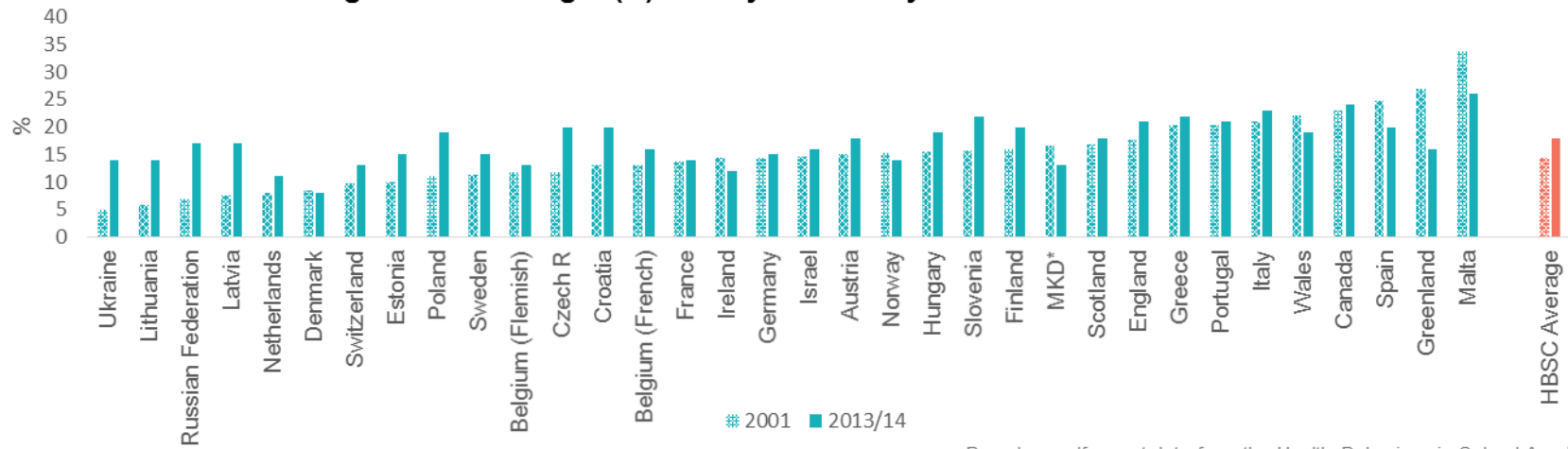


1st Quintile (lowest income), 5th Quintile (highest income) ■ BMI ≥30 ■ BMI 25-29.9



NB. HSBC countries not EU only

Changes in Overweight (%) in 13 year old boys between 2001 & 2013/14



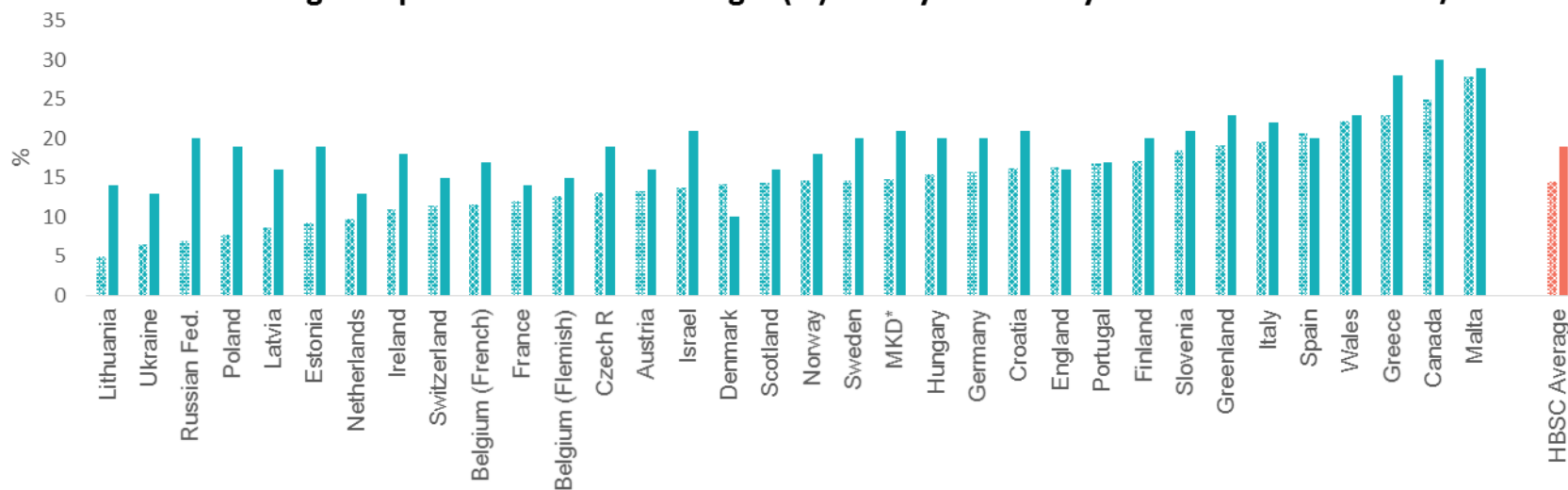
* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



NB. HSBC countries not EU only

Changes in prevalence of Overweight (%) in 15 year old boys between 2001 & 2013/14



* The Former Yugoslav Republic Macedonia

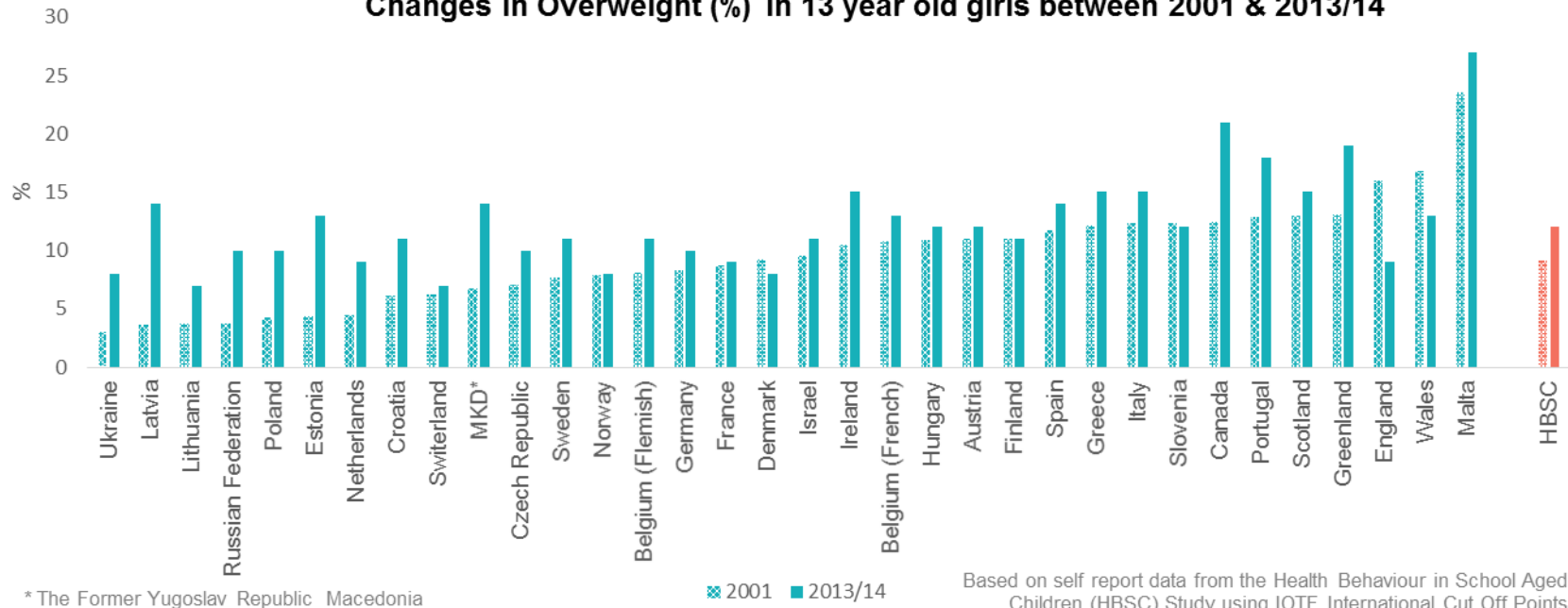
2001 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



NB. HSBC countries not EU only

Changes in Overweight (%) in 13 year old girls between 2001 & 2013/14

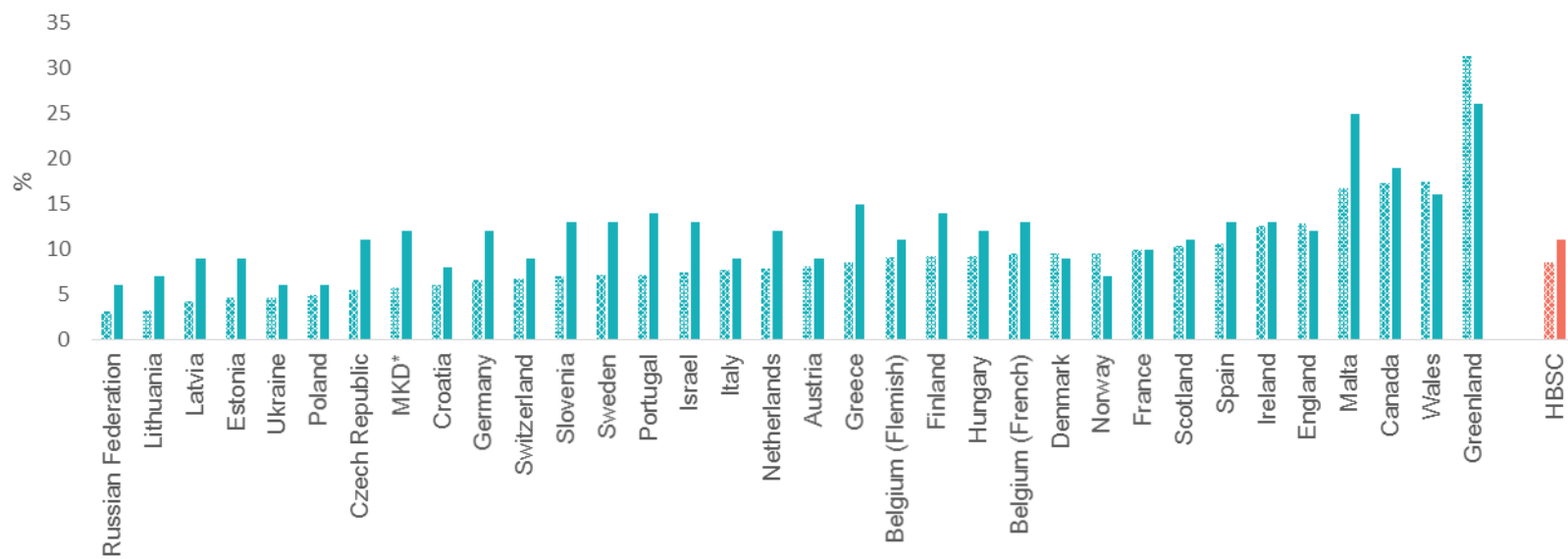


Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



NB. HSBC countries not EU only

Changes in prevalence of Overweight (%) in 15 year old girls between 2001 & 2013/14



* The Former Yugoslav Republic of Macedonia

▨ 2001 ■ 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

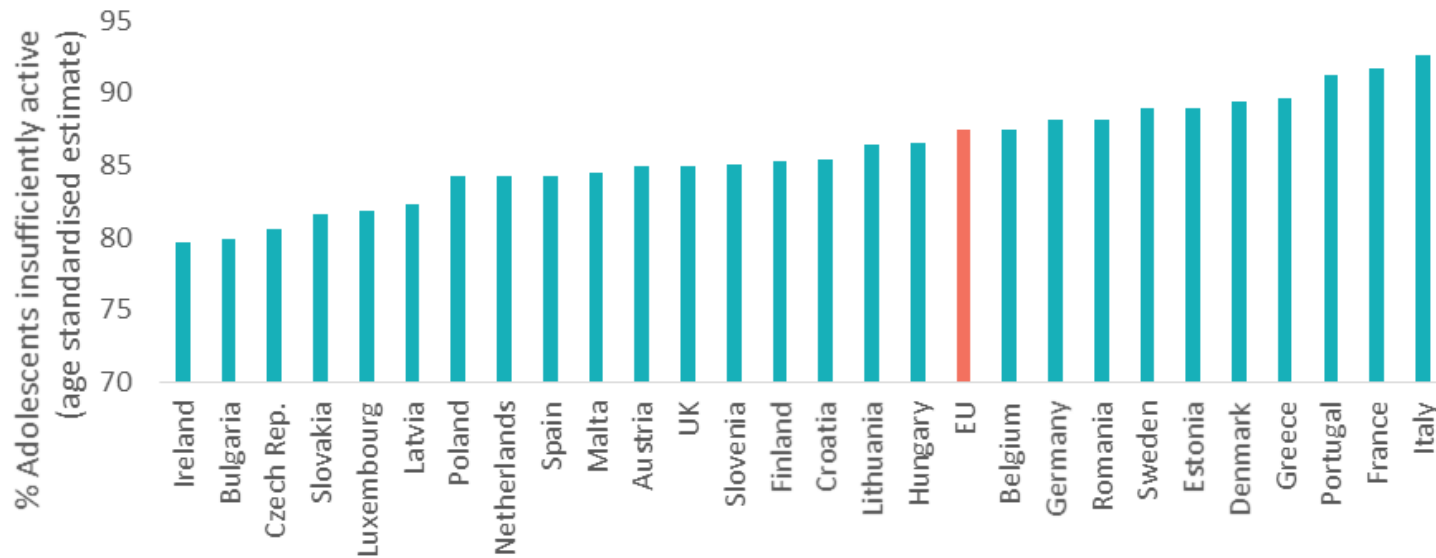


% Insufficiently active male adolescents living in EU Member Countries (2010)





% Insufficiently active female adolescents living in EU Member Countries (2010)



No data available in Cyprus



% Insufficiently active male adults living in EU Member Countries (2010)





% Insufficiently active female adults living in
EU Member Countries (2010)





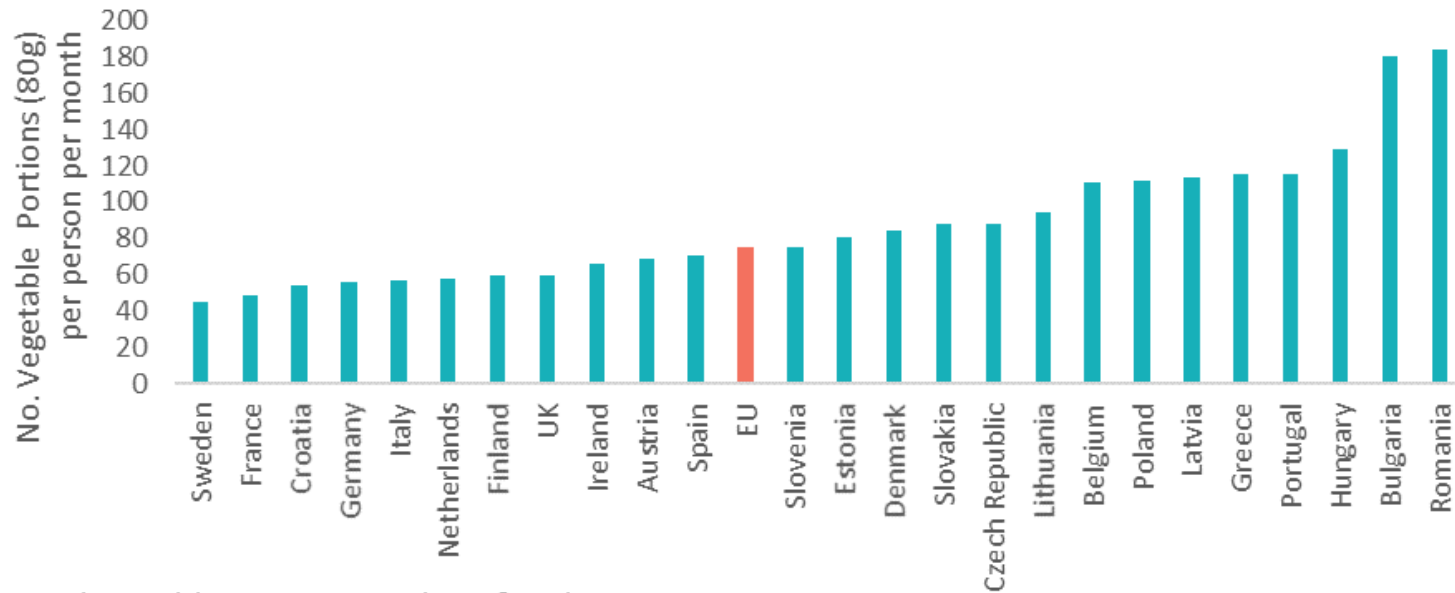
Sugar Consumption/Sales for individuals living in
EU Member Countries



No data available in Cyprus, Luxembourg & Malta
 Sugar Consumption/Sales for individuals living in EU Member Countries
 Derived from: Euromonitor International, Nutrition 2016 edition



Vegetable Consumption/Sales for individuals living in
EU Member Countries



No data available in Cyprus, Luxembourg & Malta
 Vegetable Consumption/Sales for individuals living in EU Member Countries
 Derived from: Euromonitor International, Fresh Food, 2016 edition



Confectionery Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta

Confectionery Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Packaged Food, 2016 edition



Sweet & Savoury Snack Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta

Sweet and Savoury Snacks Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Packaged Food, 2016 edition



Fruit Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
 Fruit Consumption/Sales for individuals living in EU Member Countries
 Derived from: Euromonitor International, Fresh Food, 2016 edition



Soft Drink Consumption/Sales for individuals living in
EU Member Countries

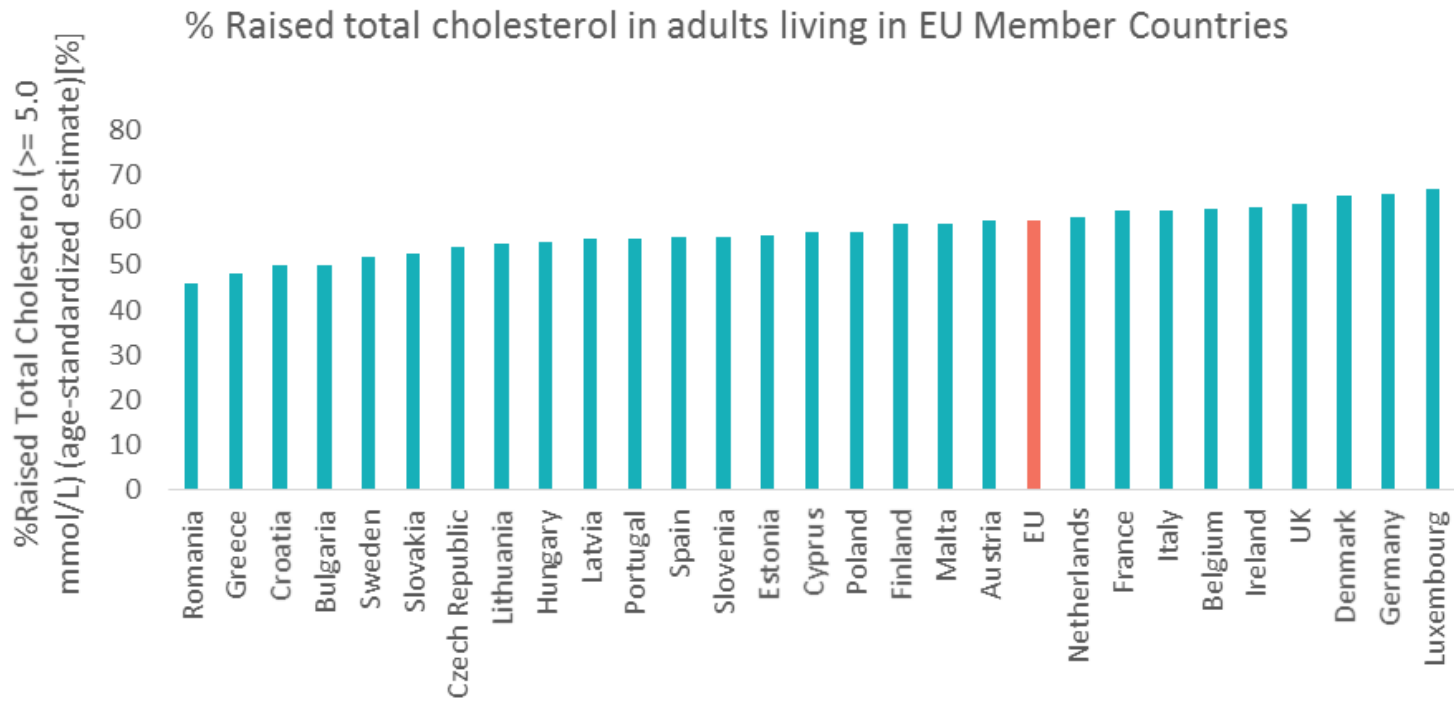


No data available in Cyprus, Luxembourg & Malta
Soft Drink Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Soft Drinks, 2016 edition



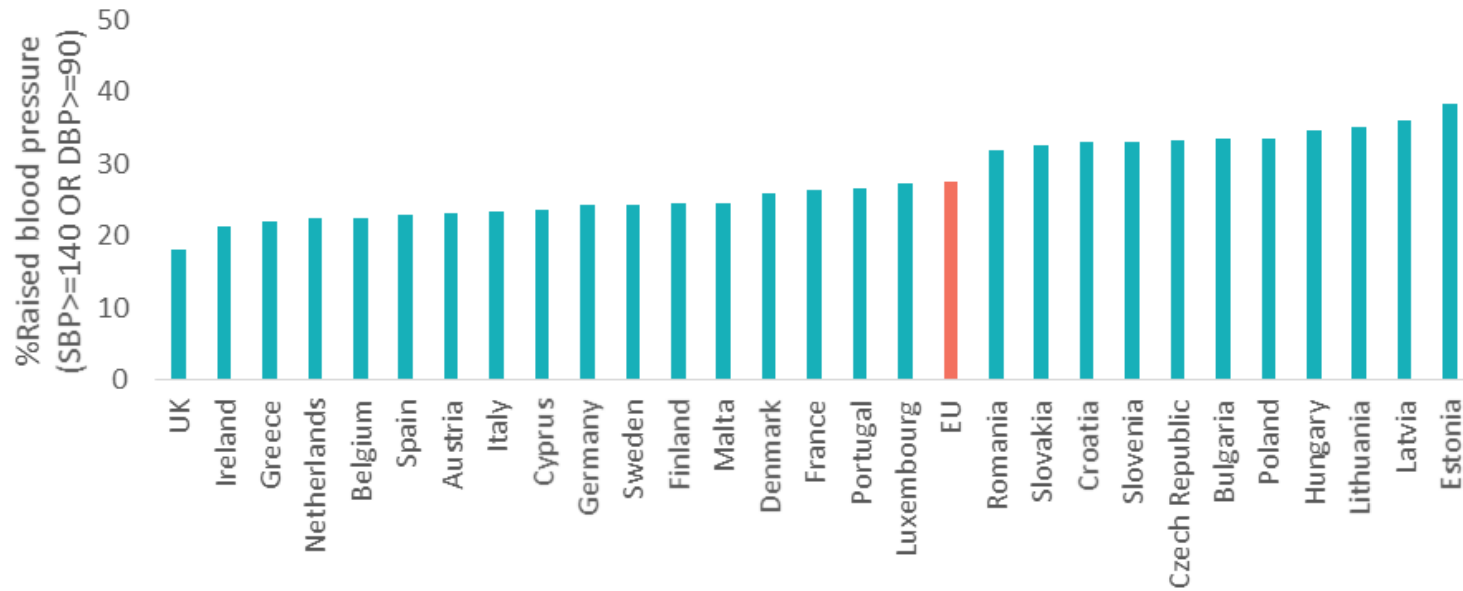
Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries







% Raised blood pressure in males living in
EU Member Countries (2014)





% Raised blood pressure in females living in
EU Member Countries (2014)





Colorectal Cancer incidence in males living in EU Member Countries





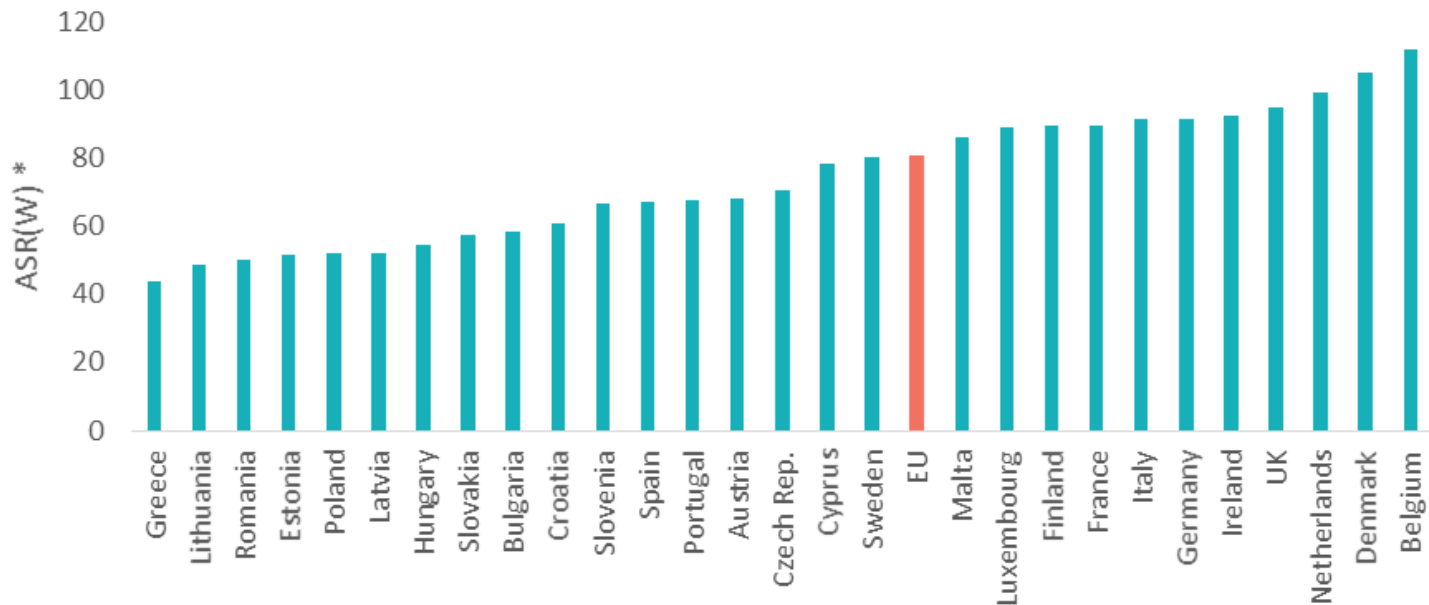
Colorectal Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Breast Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



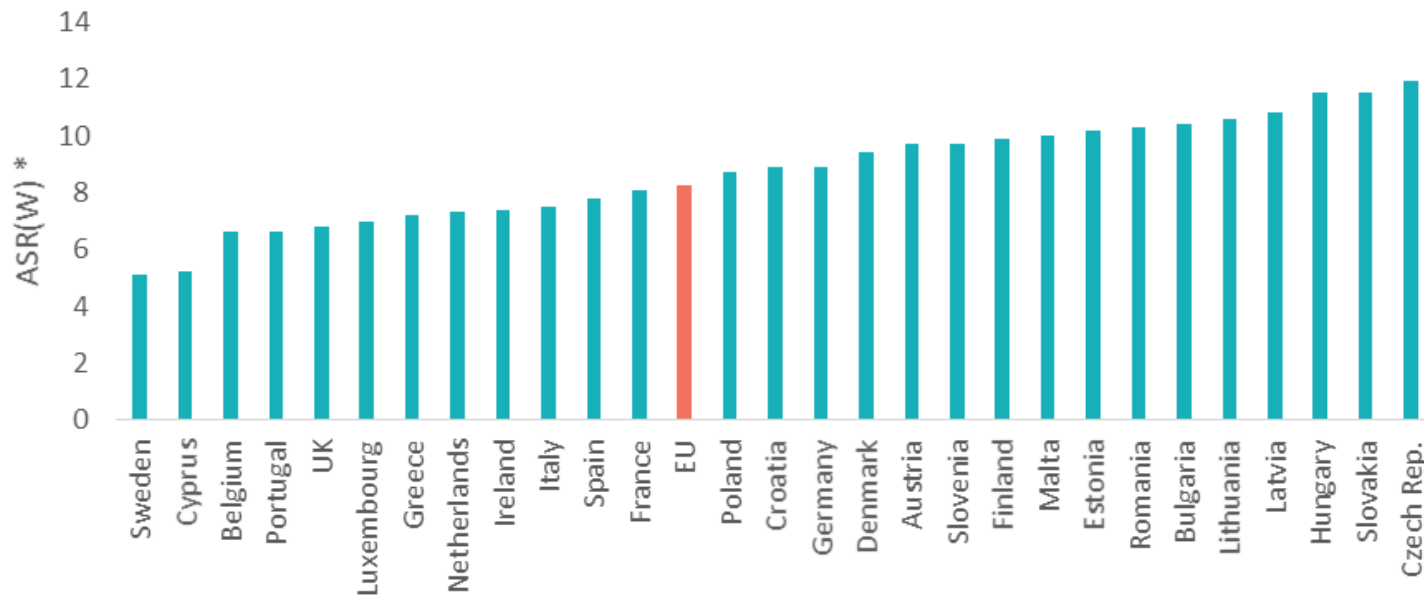
Cancer of the Uterus incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



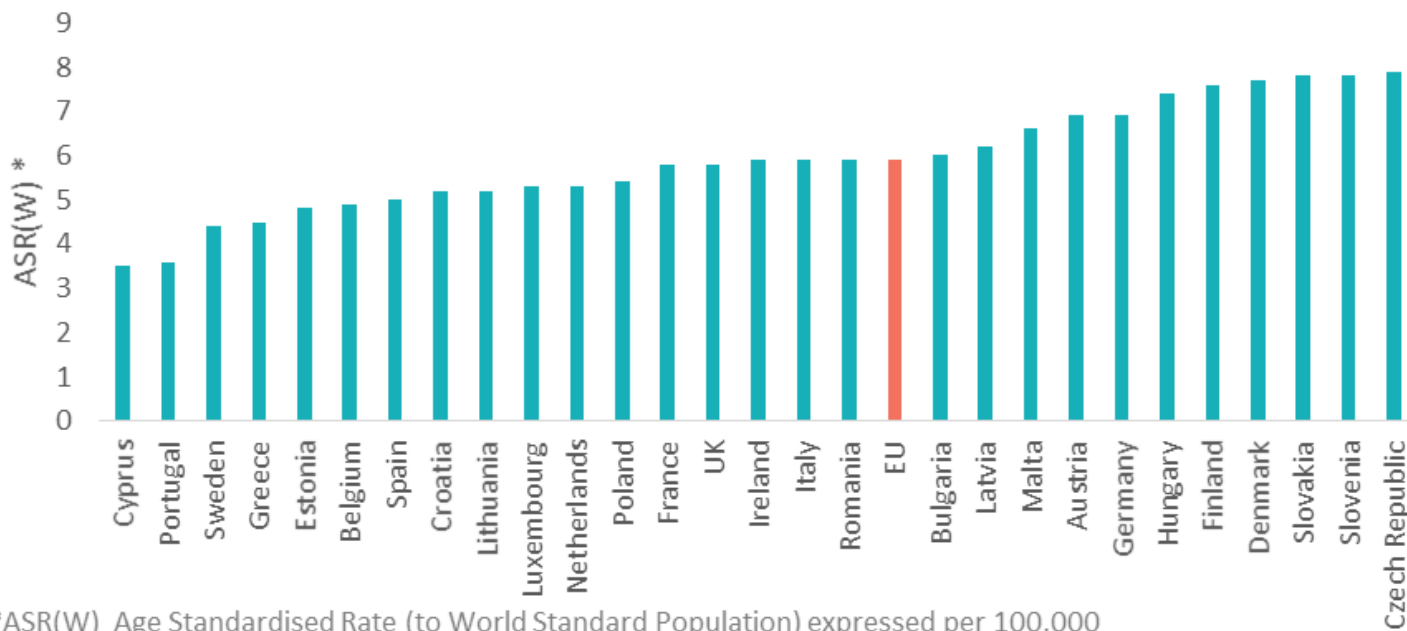
Pancreatic Cancer incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Pancreatic Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



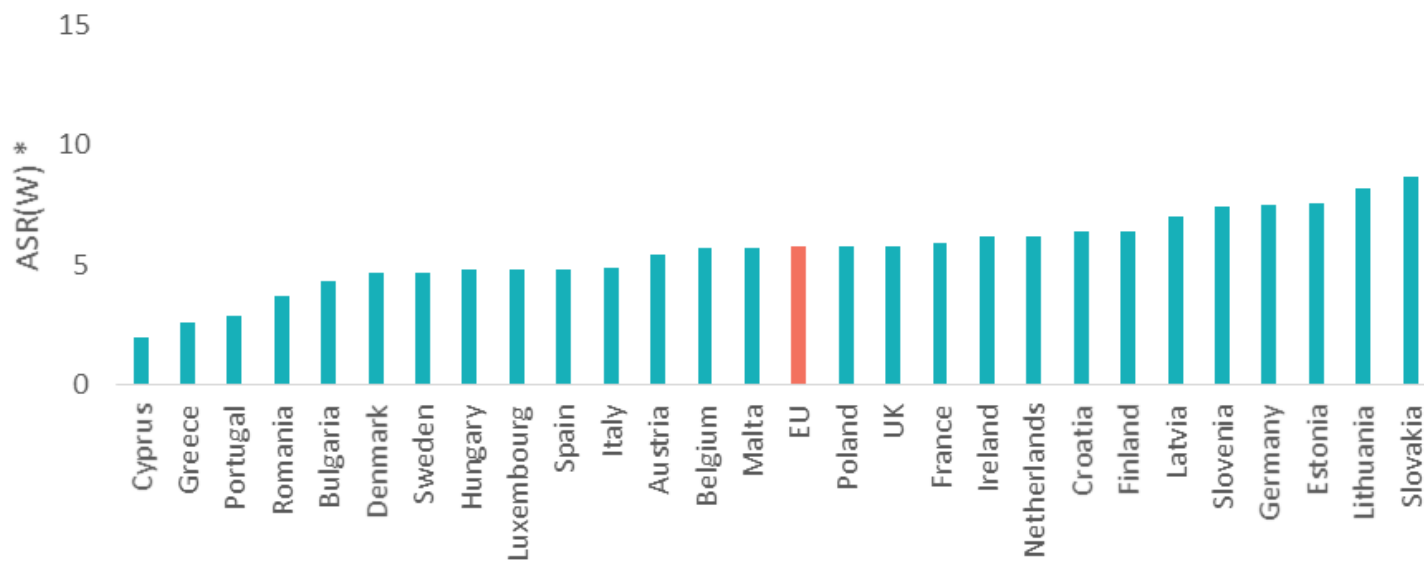
Cancer of the Kidney incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Cancer of the Kidney incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Actions Map	Select link below to view (right click to open hyperlink)
Obesity Related Policies or Interventions	Adults
	Child
	Adult & Child



% Overweight & Obesity Maps	(select link below to view)	
Current Prevalence	Men Boys	Women Girls
By Age	Adult	Child
By Region	Adult	Child
By Educational Status	Adult	Child
By Socio-economic group	Adult	Child
Trend NB. To view the time period you are interested in you must choose a time period and click 'Change year' to update the map)	Men Boys	Women Girls

Overweight & Obesity %	Data sources available at www.worldobesity.org/data/
EUROSTAT data	Eurostat Database: http://ec.europa.eu/eurostat
HBSC data	Health Behaviour in School Aged Children (HBSC) http://www.hbsc.org/
Population Estimates	UN Population Estimates, United Nations, http://esa.un.org/unpd/wpp/
Diabetes estimates 2015	Reproduced with kind permission of IDF, Diabetes Estimates 2015, IDF, http://www.diabetesatlas.org/resources/2015-atlas.html
Physical Inactivity estimates	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A893?lang=en
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Raised BP	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Cancer incidence rates	Cancer incidence rates, GLOBOCAN, IARC, http://globocan.iarc.fr/Pages/online.aspx
EUROMONITOR FOOD INTAKES	All consumption/sales information are derived from Euromonitor International.



This report was produced with the support of an operational grant under the European Commission's Third Health Programme (2014-2020). The European Commission is not responsible for any use that may be made of them.