



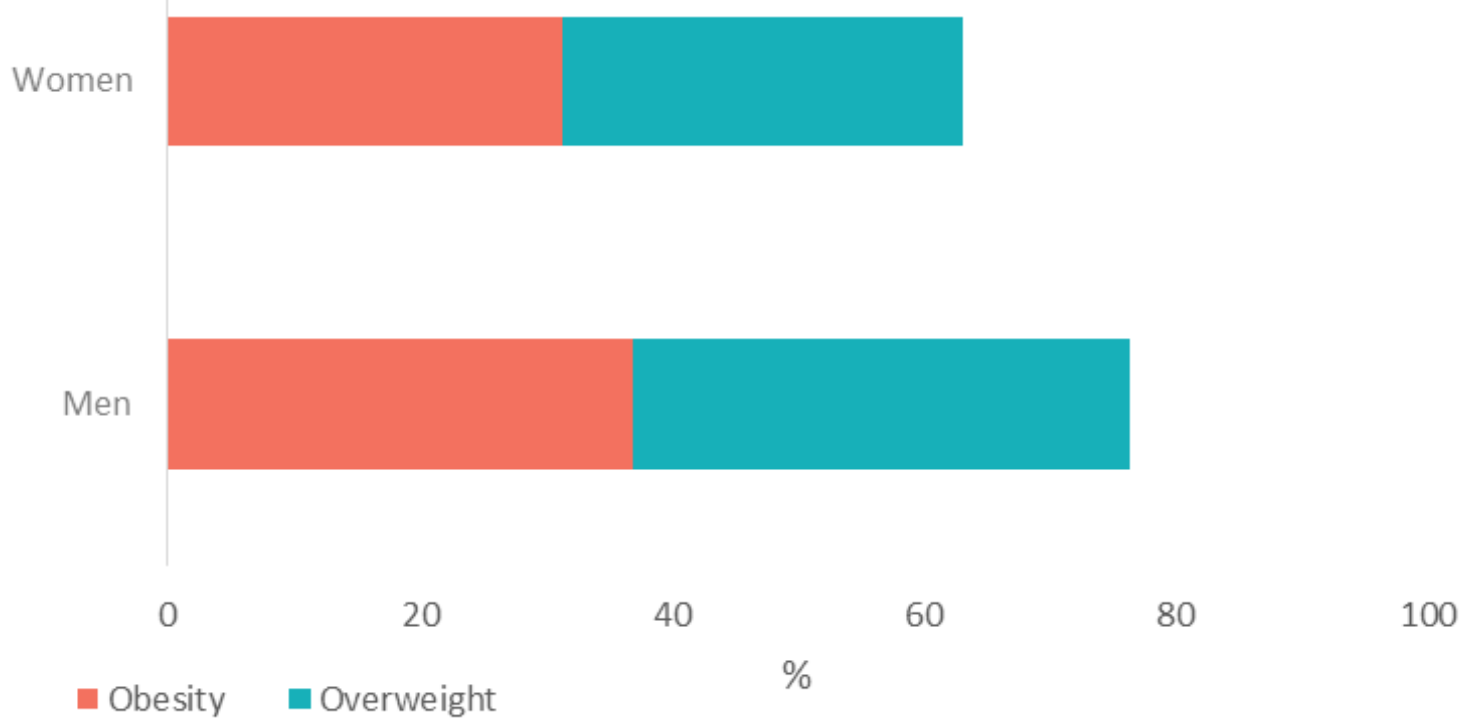
**Malta**  
POPULATION:  
418,670 (2015)

GINI INDEX:  
n/a

## Extended Country Profile Graphics

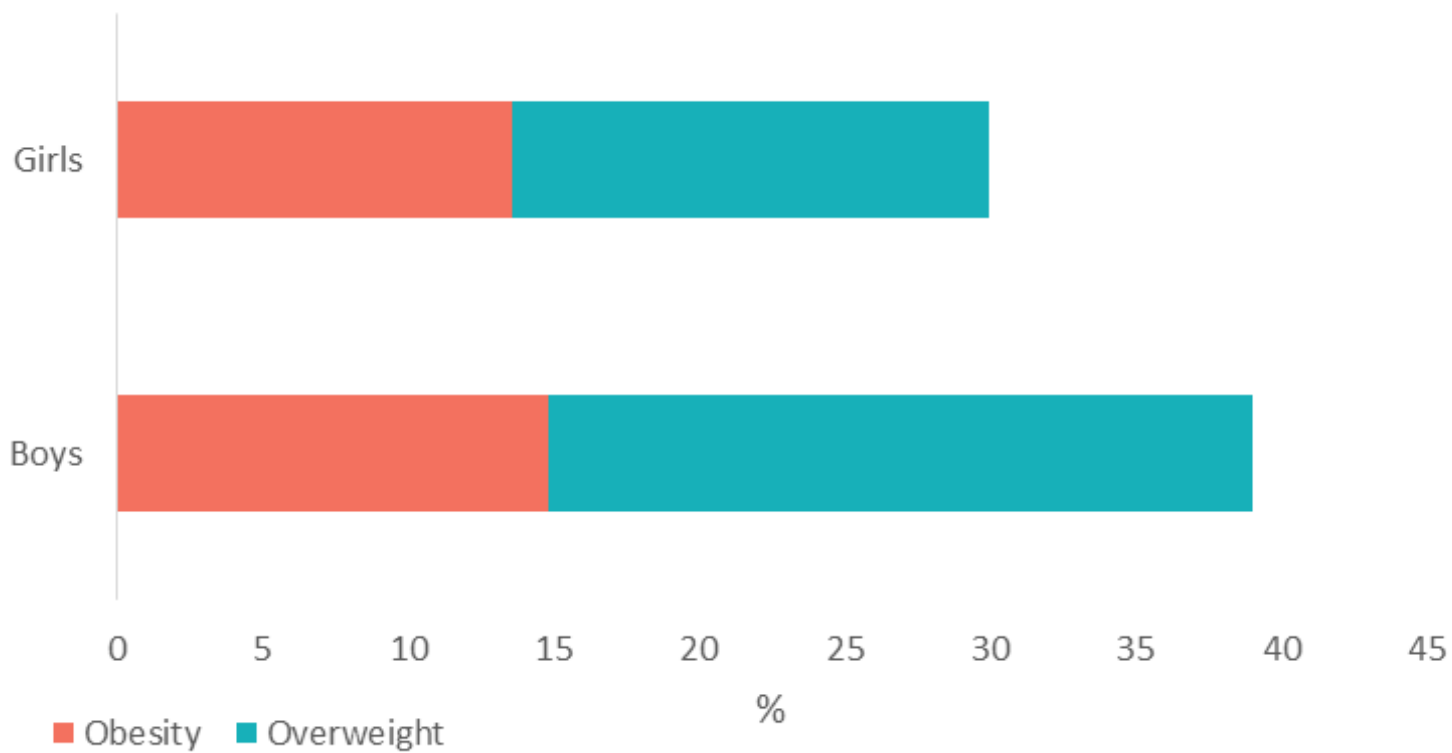
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% Overweight & Obesity in Adults in Malta (2014-16)



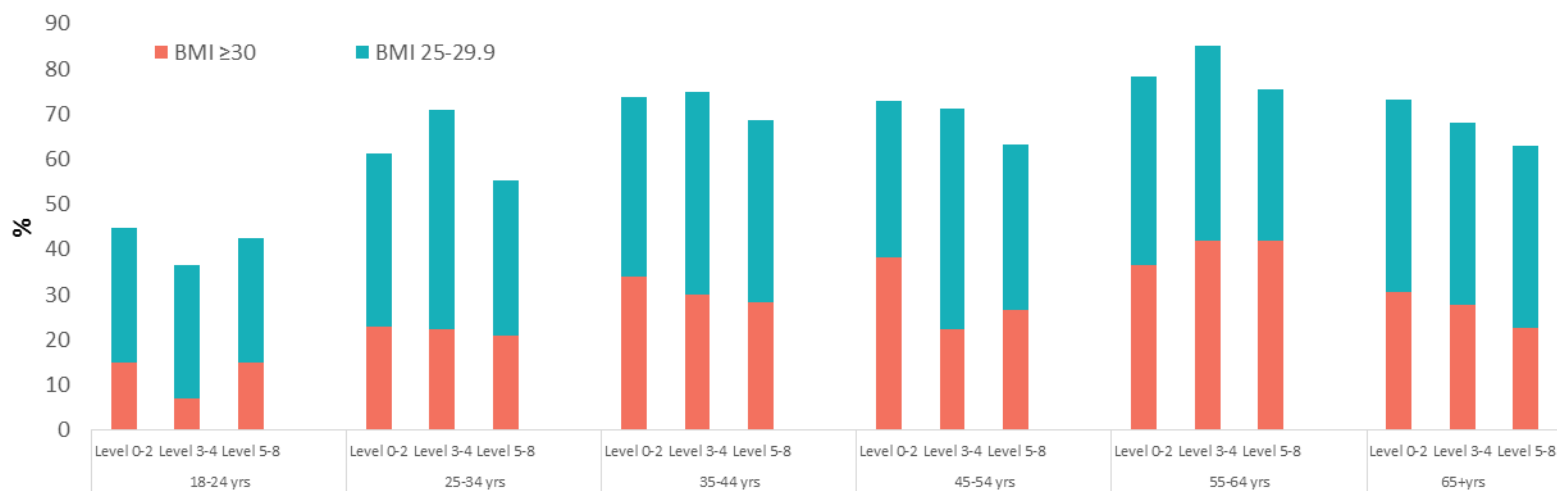


% Overweight & Obesity in children in Malta (2012)





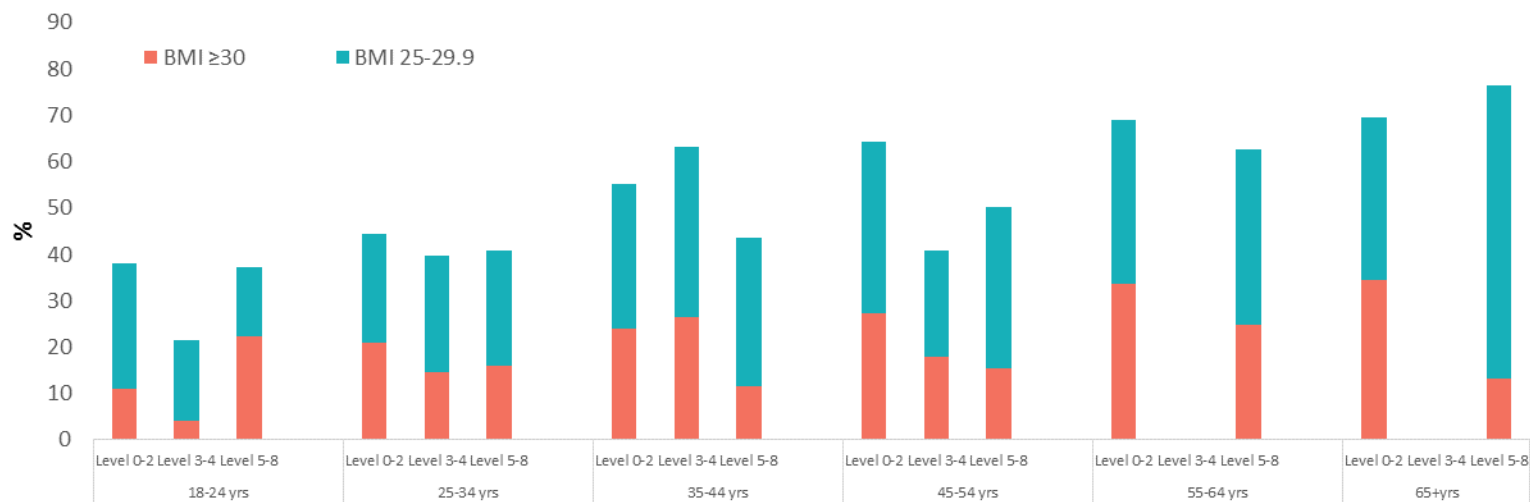
### % Overweight and Obesity by age & educational attainment in males in Malta 2014



Less than primary, primary and lower secondary education (levels 0-2)  
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)  
 Tertiary education (levels 5-8)



### % Overweight and Obesity by age & educational attainment in females in Malta 2014

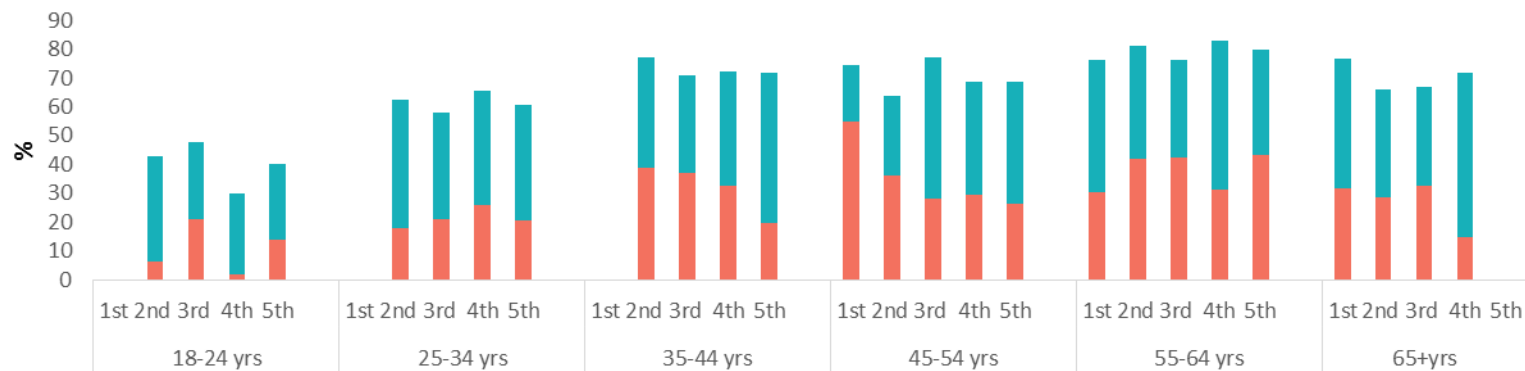


Less than primary, primary and lower secondary education (levels 0-2)  
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)  
Tertiary education (levels 5-8)

NB Insufficient data Level 3-4 in Ages 55-64 & 65+ years



**% Overweight & Obesity by age & income quintile in males living in Malta 2014**

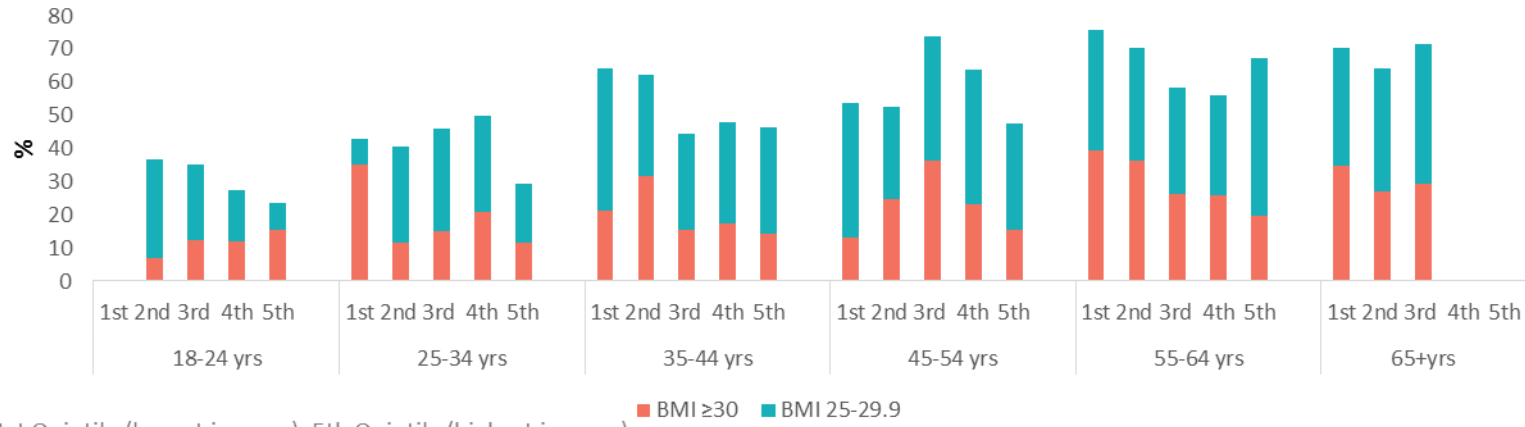


■ BMI ≥ 30 ■ BMI 25-29.9

1st Quintile (lowest income), 5th Quintile (highest income)

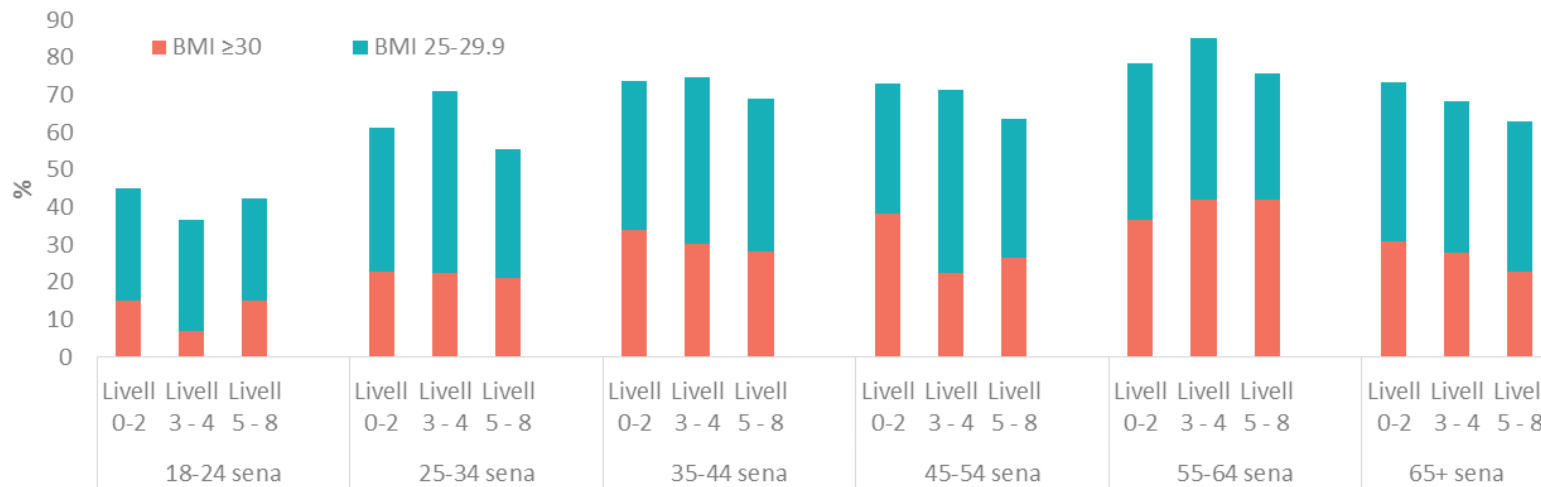


**% Overweight & Obesity by age and income quintile in females living in Malta 2014**



1st Quintile (lowest income), 5th Quintile (highest income)

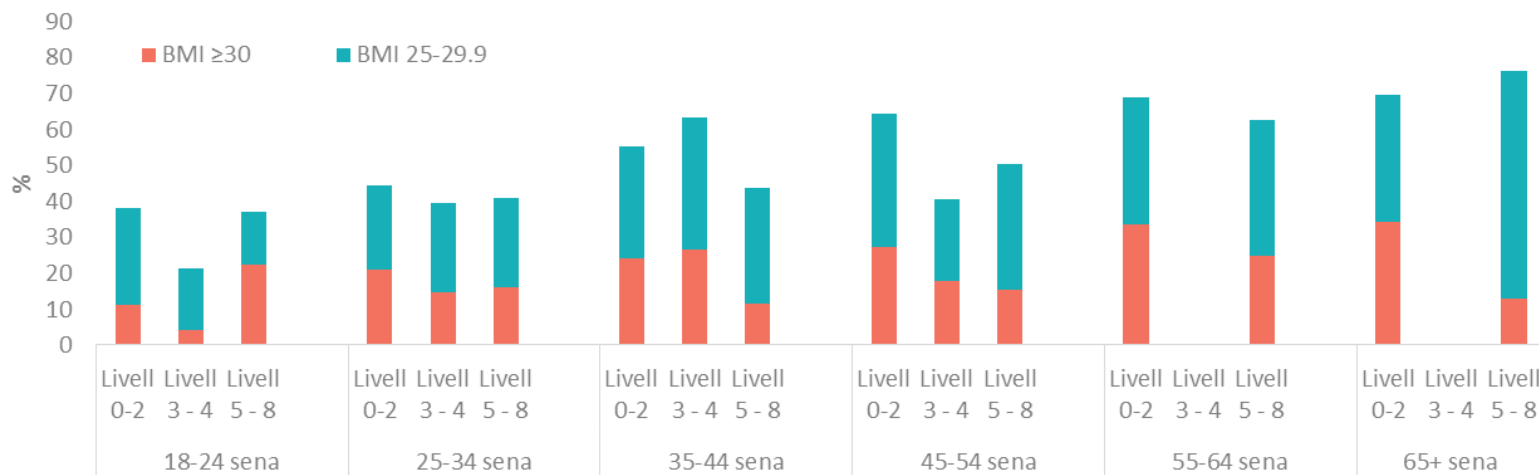
### % Piż żejjed u Obezità b'età u ksib edukazzjonali fl-irġiel f'Malta 2014



Edukazzjoni inqas minn primarja, primarja u sekondarja baxxa (livelli 0-2)  
 Edukazzjoni sekondarja għolja, post-sekondarja mhux terzjarja (livelli 3-4)  
 Edukazzjoni Terzjarja (livelli 5-8)



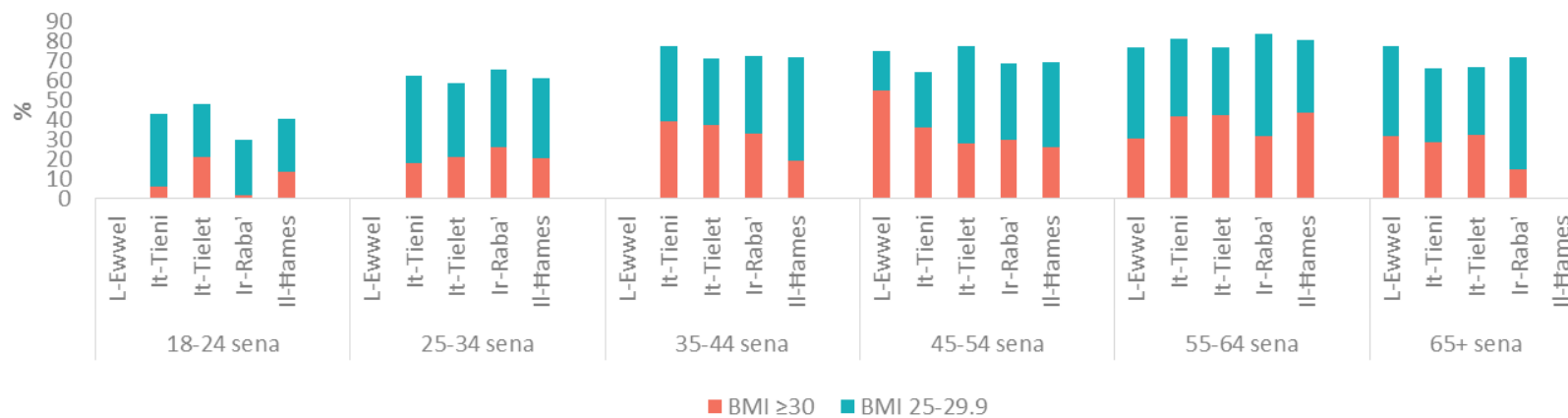
% Piż żejjed u Obeżità b'età u ksib edukazzjonali fin-nisa f'Malta 2014



Edukazzjoni inqas minn primarja, primarja u sekondarja baxxa (livelli 0-2)  
 Edukazzjoni sekondarja gholja, post-sekondarja mhux terzjarja (livelli 3 - 4)  
 Edukazzjoni Terzjarja (livelli 5-8)



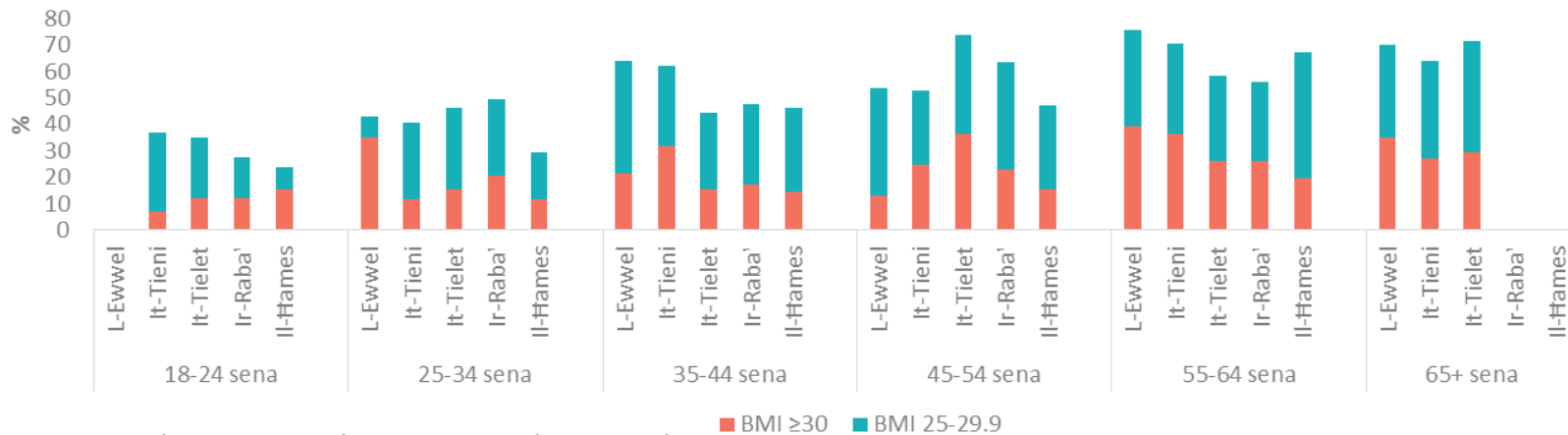
### % Piż żejded u Obeżità b'età u dħul kwintili fl-irġiel f'Malta 2014



L-ewwel kwintil (dħul l-aktar baxx), Il-hames kwintil (l-ghola dħul)



% Piż żejded u Obeżità b'età u dħul kwintili fin-nisa f'Malta 2014



L-ewwel kwintil (dħul l-aktar baxx), il-ħames kwintil (l-għola dħul)



Changes in Overweight (%) in 13 year old boys between 2001 & 2013/14

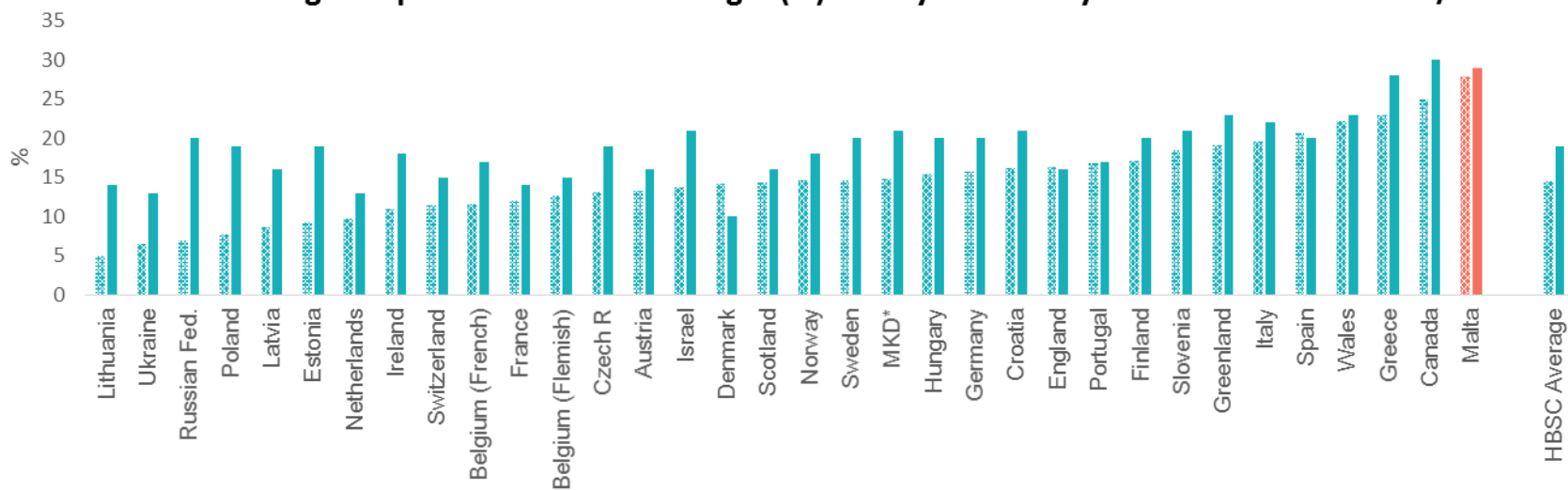


\* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



### Changes in prevalence of Overweight (%) in 15 year old boys between 2001 & 2013/14



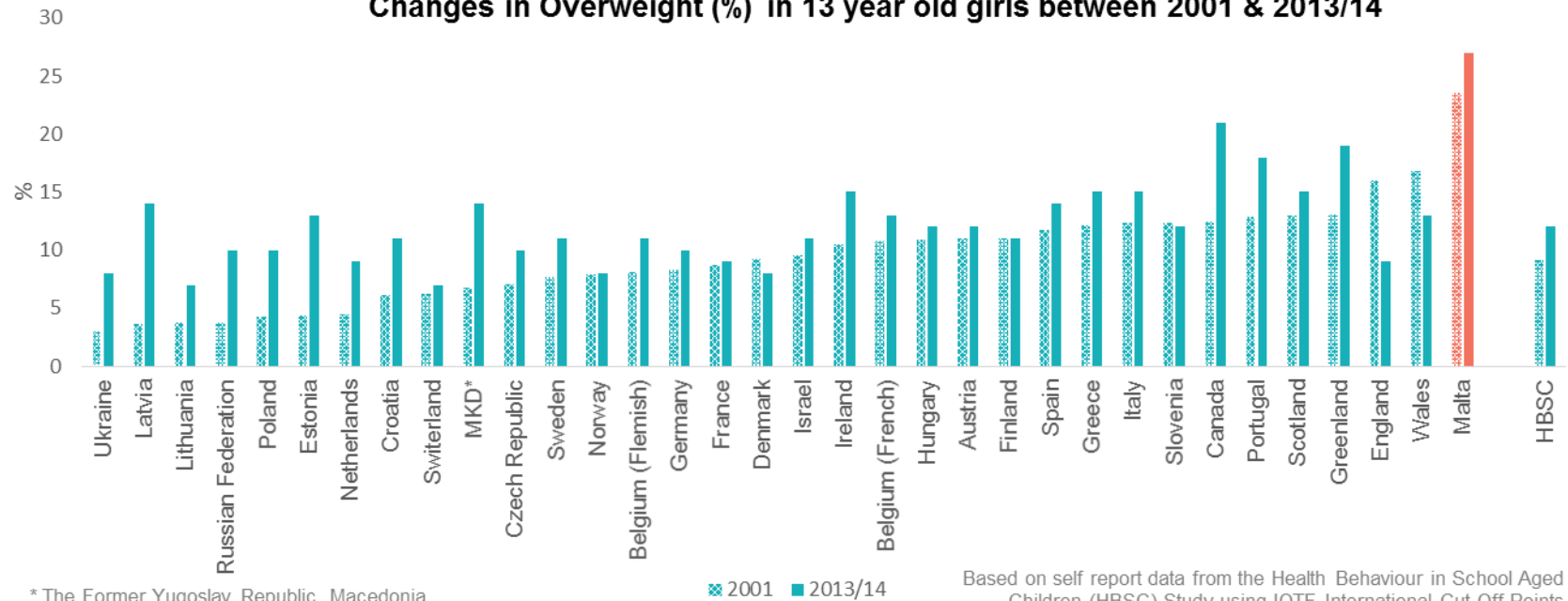
\* The Former Yugoslav Republic Macedonia

2001 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

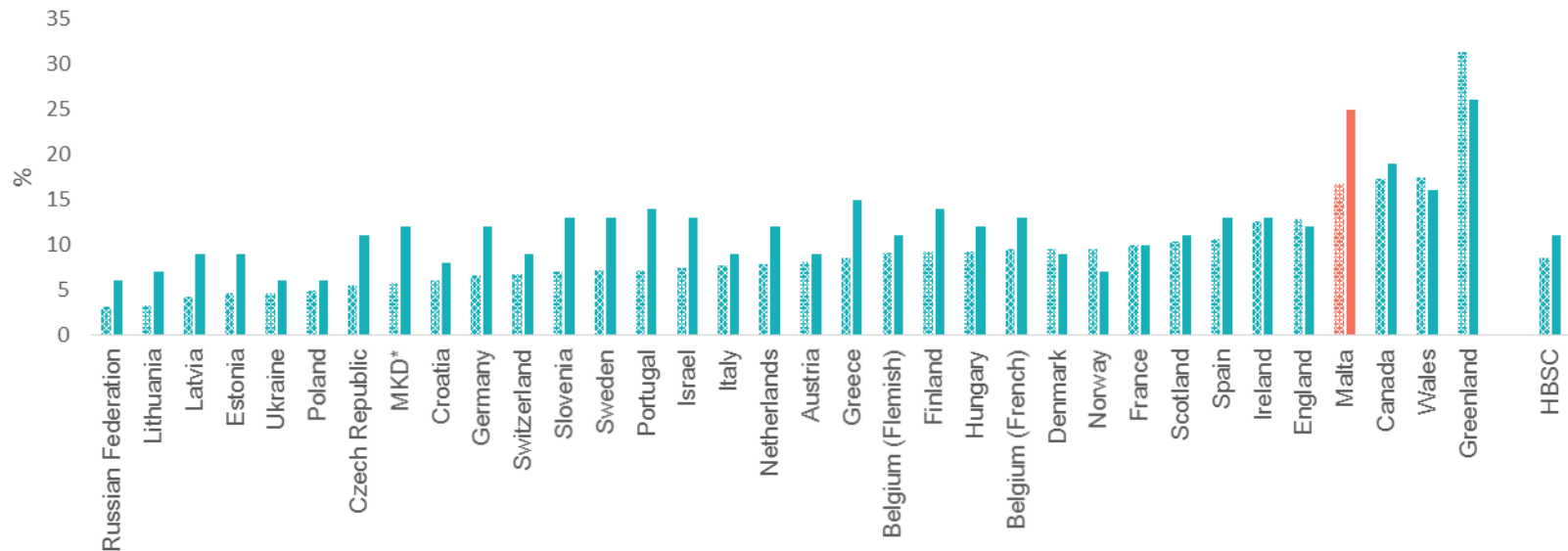


### Changes in Overweight (%) in 13 year old girls between 2001 & 2013/14





Changes in prevalence of Overweight (%) in 15 year old girls between 2001 & 2013/14



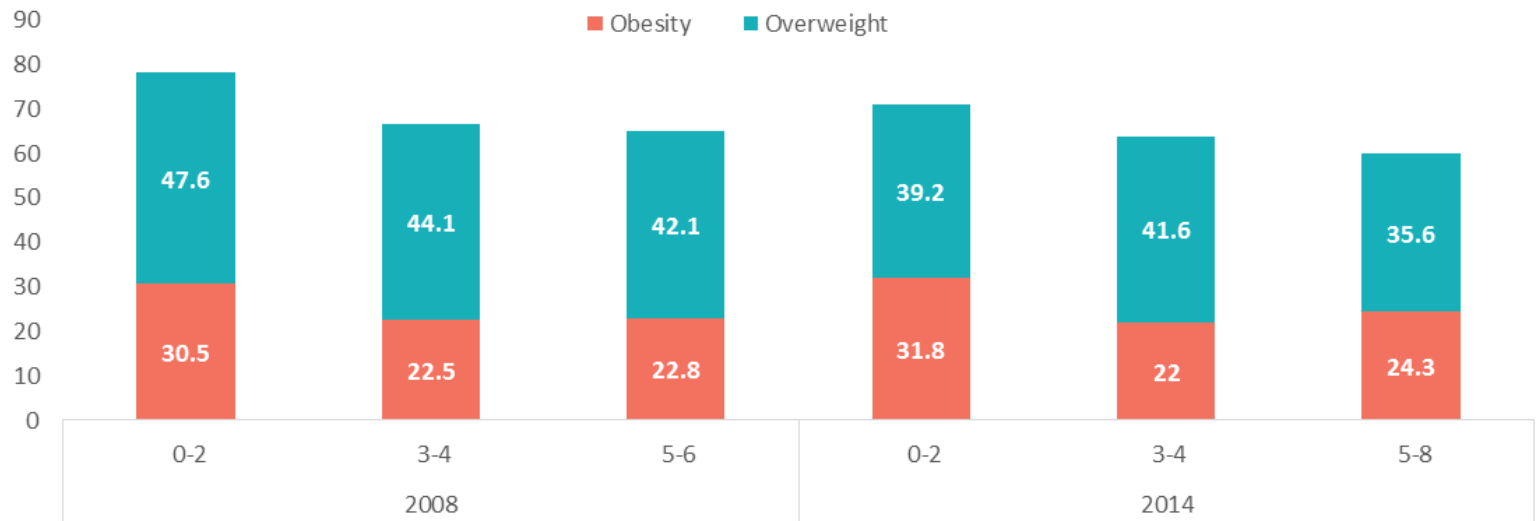
\* The Former Yugoslav Republic Macedonia

■ 2001 ■ 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



% Overweight & Obesity in Maltese Male adults by Educational attainment 2008 & 2014

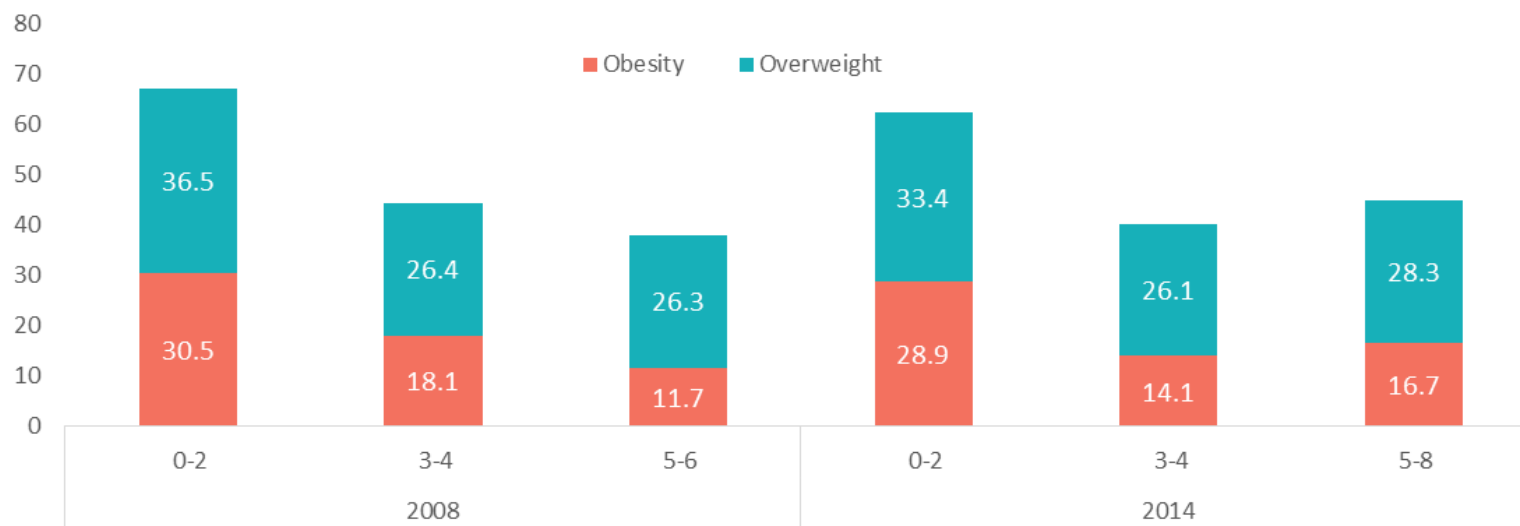


Less than primary, primary and lower secondary education (levels 0-2)  
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)  
 Tertiary education (levels 5-6/8)





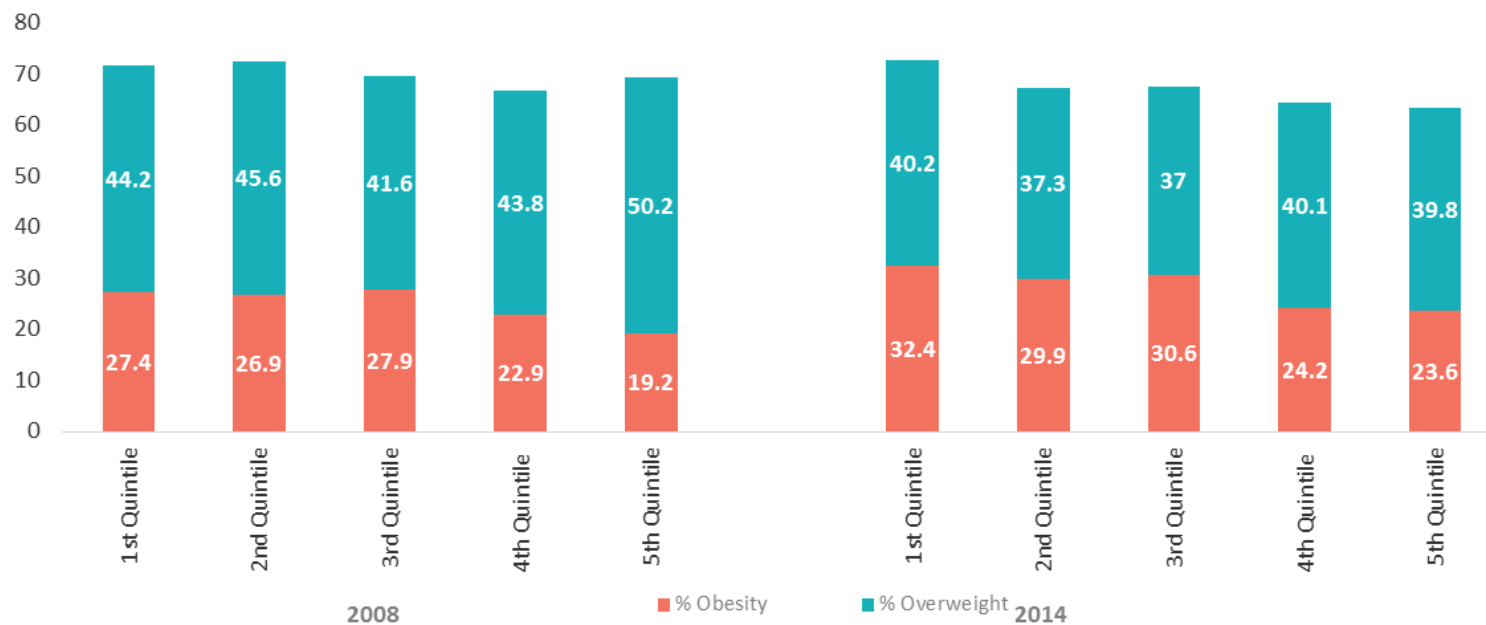
### % Overweight & Obesity in Maltese Female adults by Educational attainment 2008 & 2014



Less than primary, primary and lower secondary education (levels 0-2)  
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)  
 Tertiary education (levels 5-6/8)



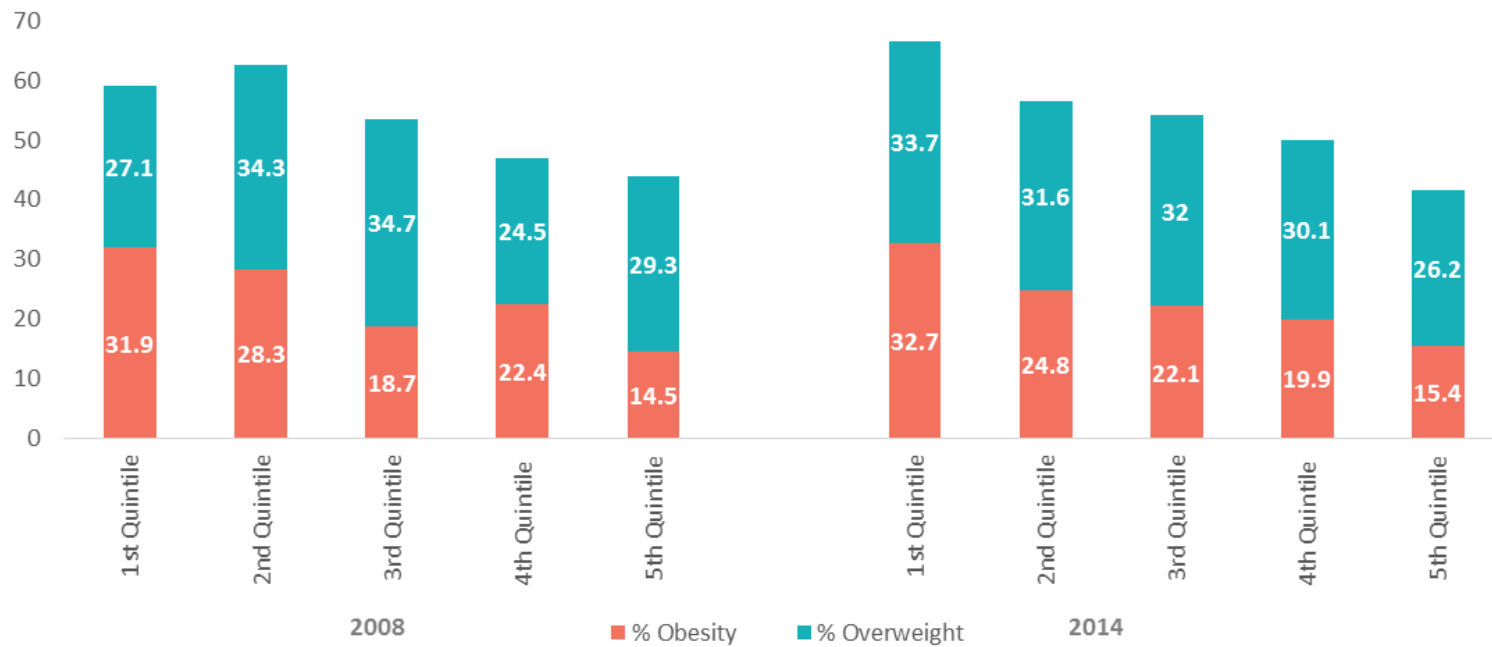
### % Overweight & Obesity in Maltese Male Adults by Income Quintile in 2008 & 2014



1st Quintile lowest income, 5th Quintile Highest income



% Overweight & Obesity in Maltese Female Adults by Income Quintile in 2008 & 2014



1st Quintile lowest income, 5th Quintile Highest income



% Insufficiently active male adolescents living in EU Member Countries (2010)





% Insufficiently active female adolescents living in EU Member Countries (2010)



No data available in Cyprus



% Insufficiently active male adults living in EU Member Countries (2010)





% Insufficiently active female adults living in EU Member Countries (2010)





Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries







% Raised total cholesterol in adults living in EU Member Countries



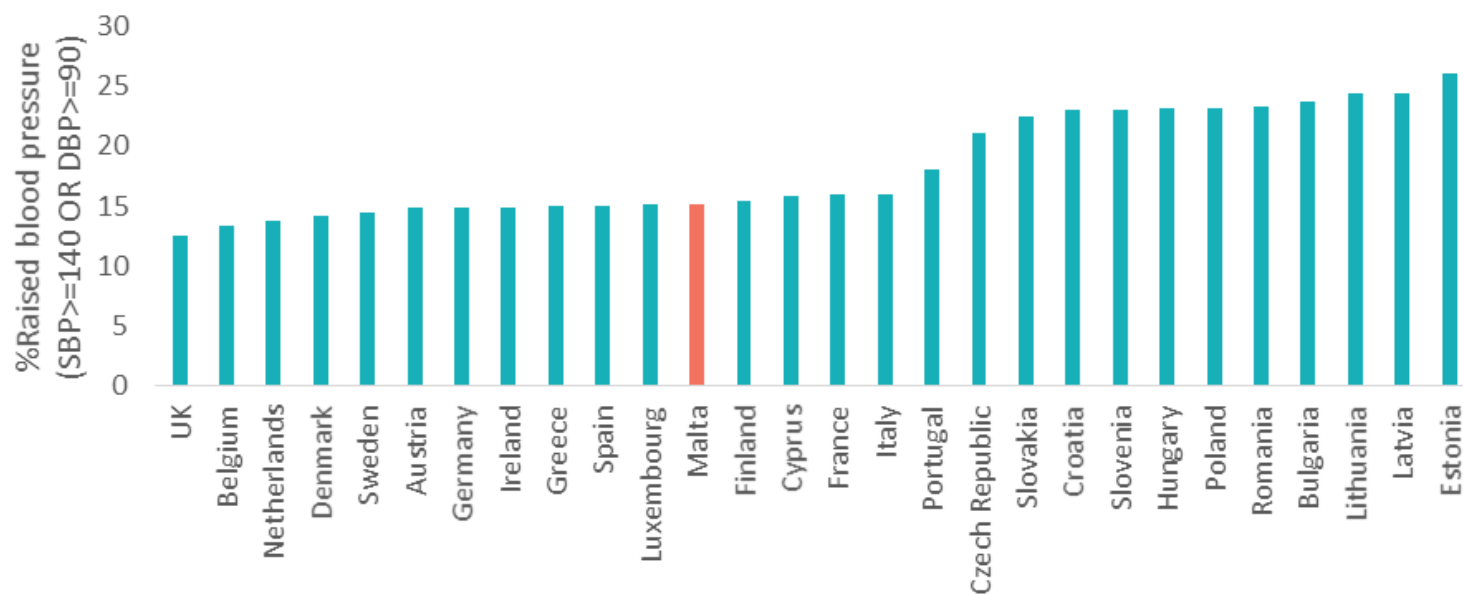


% Raised blood pressure in males living in EU Member Countries (2014)





% Raised blood pressure in females living in EU Member Countries (2014)





### Colorectal Cancer incidence in males living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



### Colorectal Cancer incidence in females living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



### Breast Cancer incidence in females living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

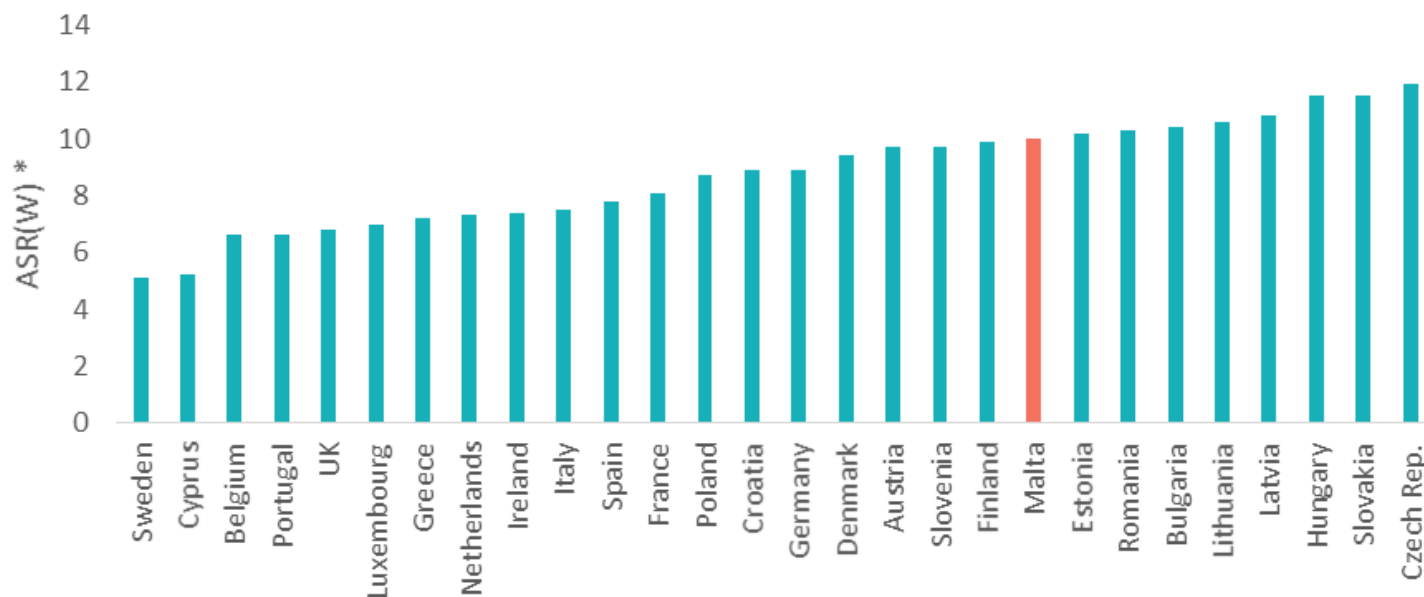


### Cancer of the Uterus incidence in females living in EU Member Countries





### Pancreatic Cancer incidence in males living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000





Pancreatic Cancer incidence in females living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



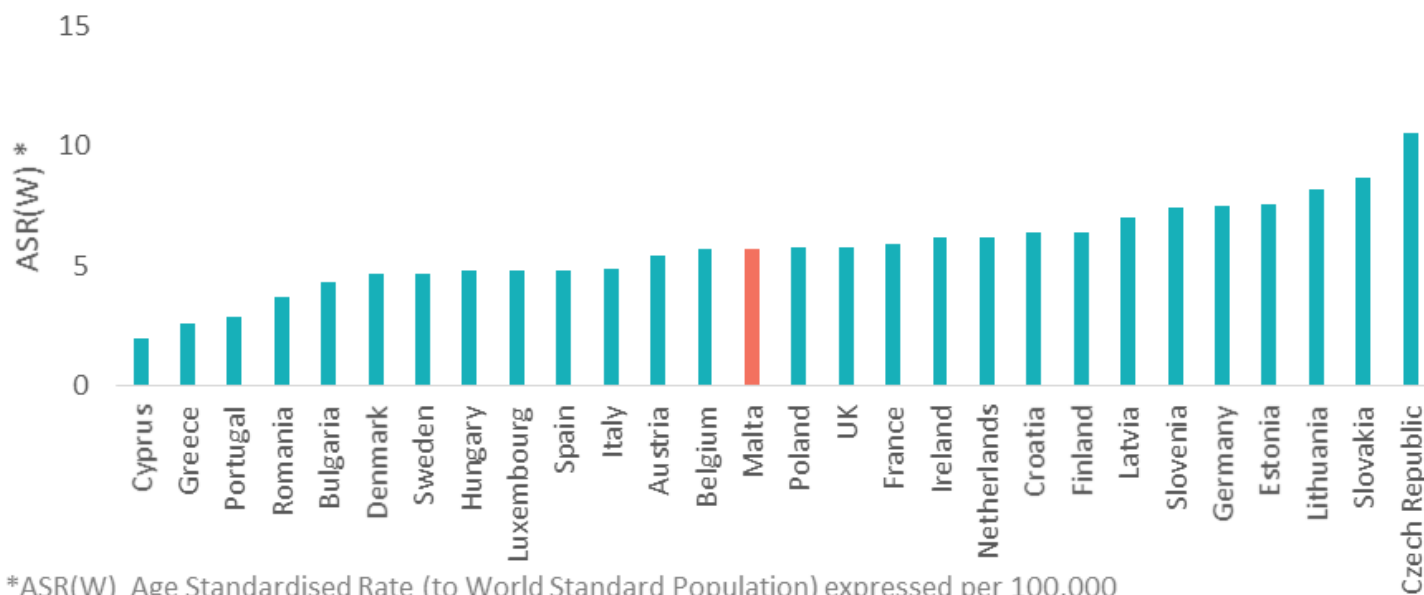
### Cancer of the Kidney incidence in males living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



### Cancer of the Kidney incidence in females living in EU Member Countries





Actions Map	Select link below to view (right click to open hyperlink)
Obesity Related Policies or Interventions	<a href="#">Adults</a>
	<a href="#">Child</a>
	<a href="#">Adult &amp; Child</a>



% Overweight & Obesity Maps	(select link below to view)	
Current Prevalence	<a href="#">Men</a>  <a href="#">Boys</a>	<a href="#">Women</a>  <a href="#">Girls</a>
By Age	<a href="#">Adult</a>	<a href="#">Child</a>
By Region	<a href="#">Adult</a>	Child n/a
By Educational Status	<a href="#">Adult</a>	Child n/a
By Socio-economic group	<a href="#">Adult</a>	Child n/a
Trend NB. To view the time period you are interested in you must choose a time period and click 'Change year' to update the map)	<a href="#">Men</a>  <a href="#">Boys</a>	<a href="#">Women</a>  <a href="#">Girls</a>



## Sources

Overweight & Obesity %	Data sources available at <a href="http://www.worldobesity.org/data/">www.worldobesity.org/data/</a>
HBSC data	Health Behaviour in School Aged Children (HBSC) <a href="http://www.hbsc.org/">http://www.hbsc.org/</a>
Population Estimates	UN Population Estimates, United Nations, <a href="http://esa.un.org/unpd/wpp/">http://esa.un.org/unpd/wpp/</a>
Diabetes estimates 2015	Reproduced with kind permission of IDF, Diabetes Estimates 2015, IDF, <a href="http://www.diabetesatlas.org/resources/2015-atlas.html">http://www.diabetesatlas.org/resources/2015-atlas.html</a>
Physical Inactivity estimates	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A893?lang=en">http://apps.who.int/gho/data/node.main.A893?lang=en</a>
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A869?lang=en">http://apps.who.int/gho/data/node.main.A869?lang=en</a>
Raised BP	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A875?lang=en">http://apps.who.int/gho/data/node.main.A875?lang=en</a>
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A885">http://apps.who.int/gho/data/node.main.A885</a>
Cancer incidence rates	Cancer incidence rates, GLOBOCAN, IARC, <a href="http://globocan.iarc.fr/Pages/online.aspx">http://globocan.iarc.fr/Pages/online.aspx</a>



This report was produced with the support of an operational grant under the European Commission's Third Health Programme (2014-2020). The European Commission is not responsible for any use that may be made of them.