

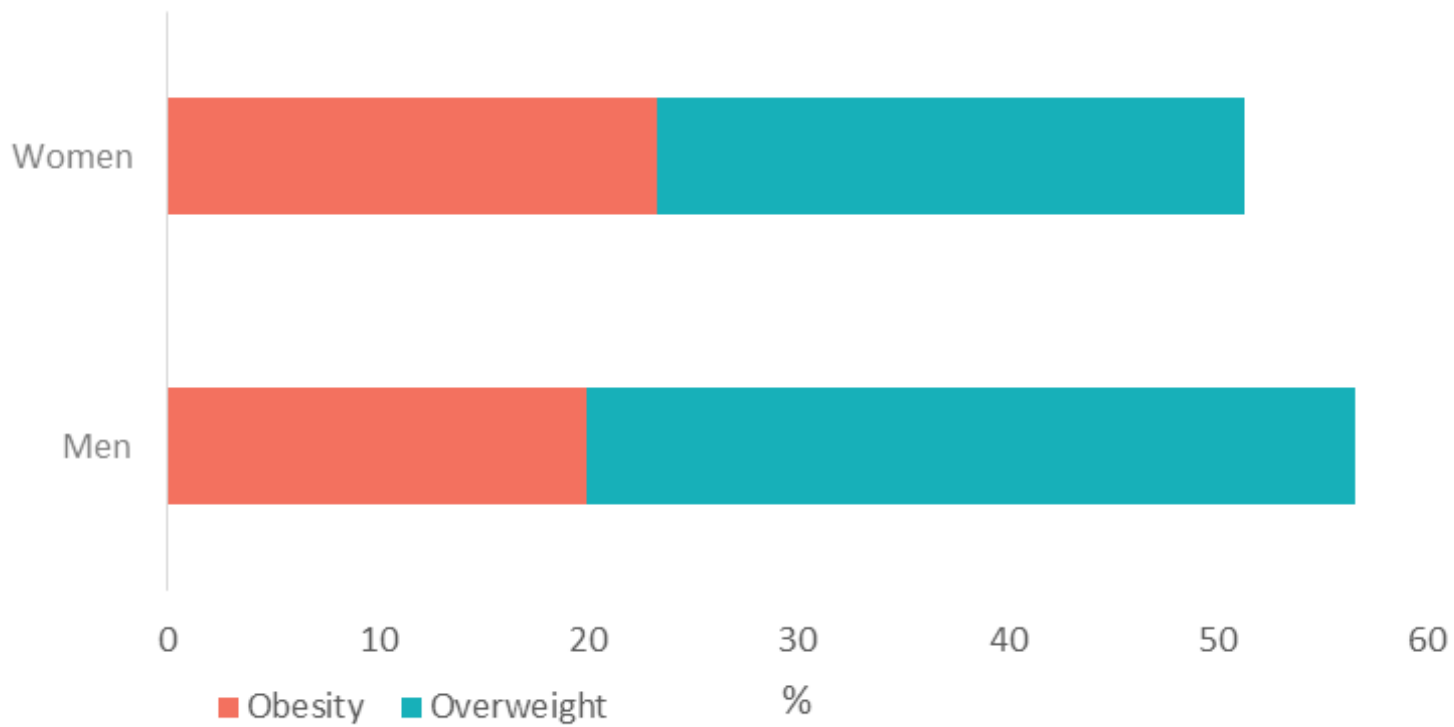


Extended Country Profile Graphics

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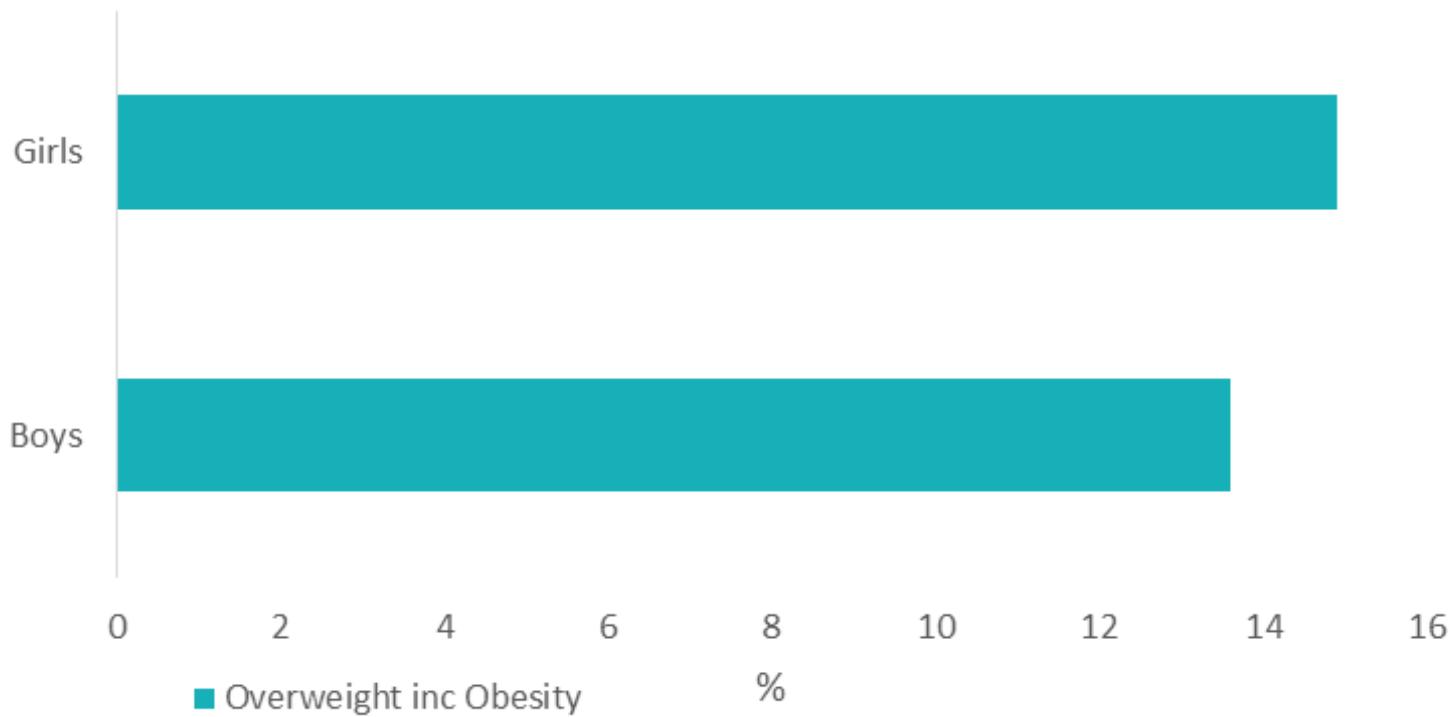
POPULATION:
1,312 558 (2015)
GINI INDEX:
33.15 (2012)

% Overweight & Obesity in Adults in Estonia (2003-10)



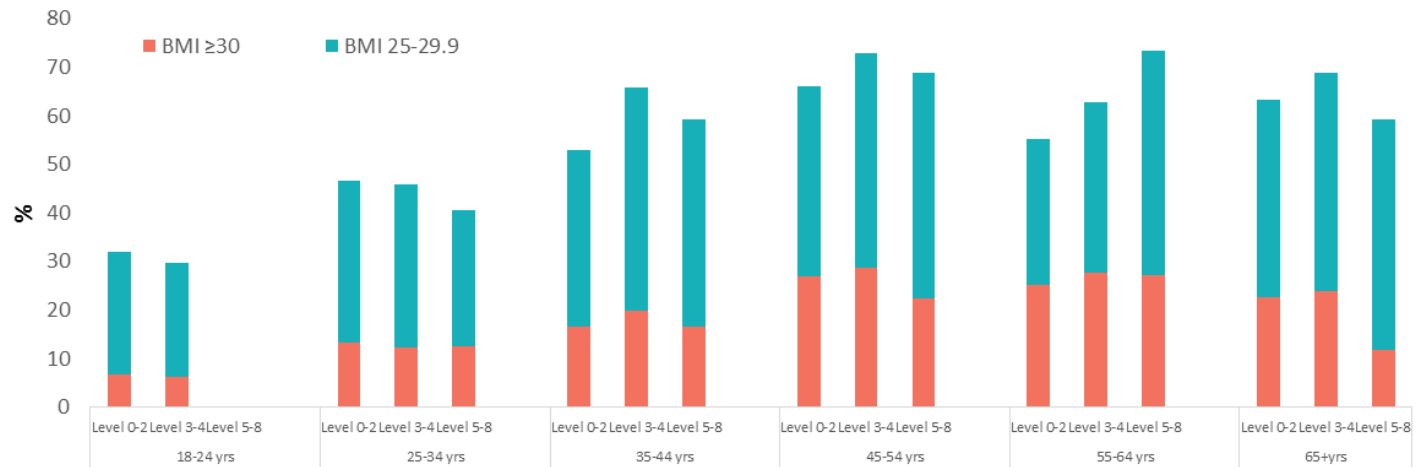


% Overweight & Obesity in children in Estonia (2007/8)





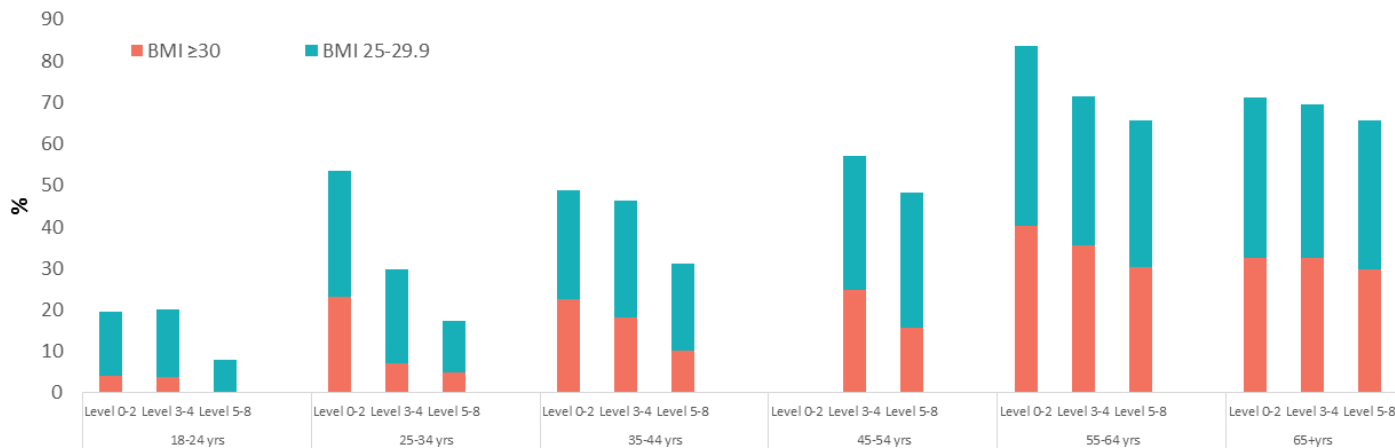
**% Overweight and Obesity by age & educational attainment in males in Estonia
2014**



Less than primary, primary and lower secondary education (levels 0-2)
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
 Tertiary education (levels 5-8)



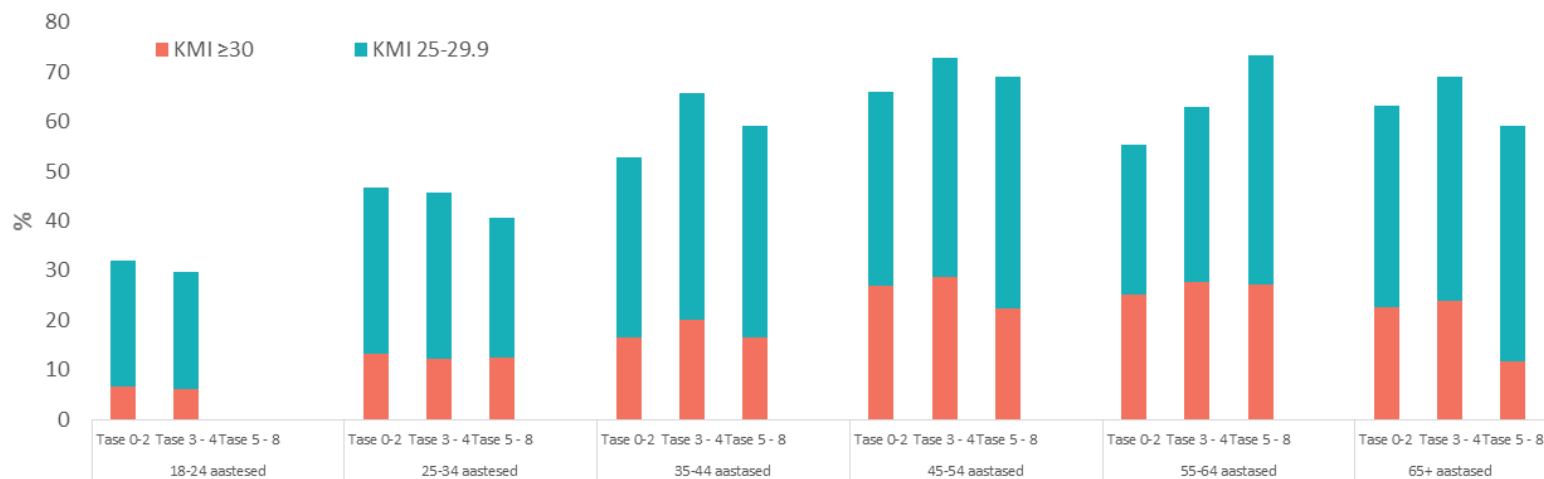
**% Overweight and Obesity by age & educational attainment in females in Estonia
2014**



Less than primary, primary and lower secondary education (levels 0-2)
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
 Tertiary education (levels 5-8)



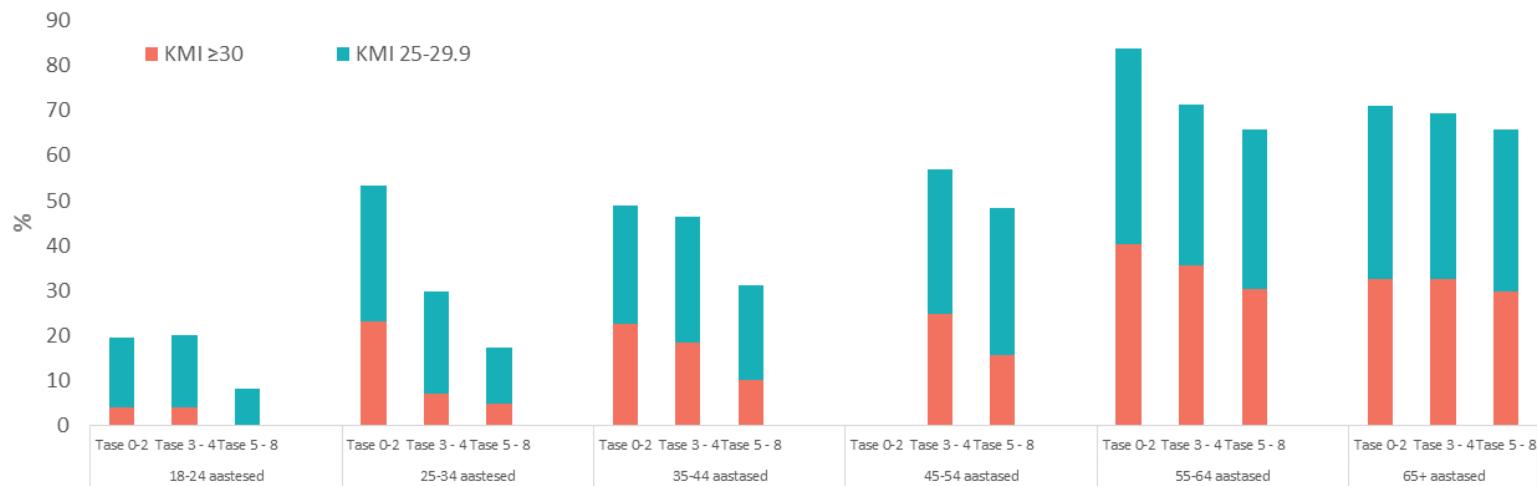
% Meeste ülekaalulisus vanuse ja haridustaseme alusel Eestis 2014



Vähem kui esmane, esmane ja põhiharidus (tasemed 0-2)
 Gümnaasiumi ja keskharidus, mitte kõrgharidus (tasemed 3 - 4)
 Kõrgharidus (tasemed 5-8)



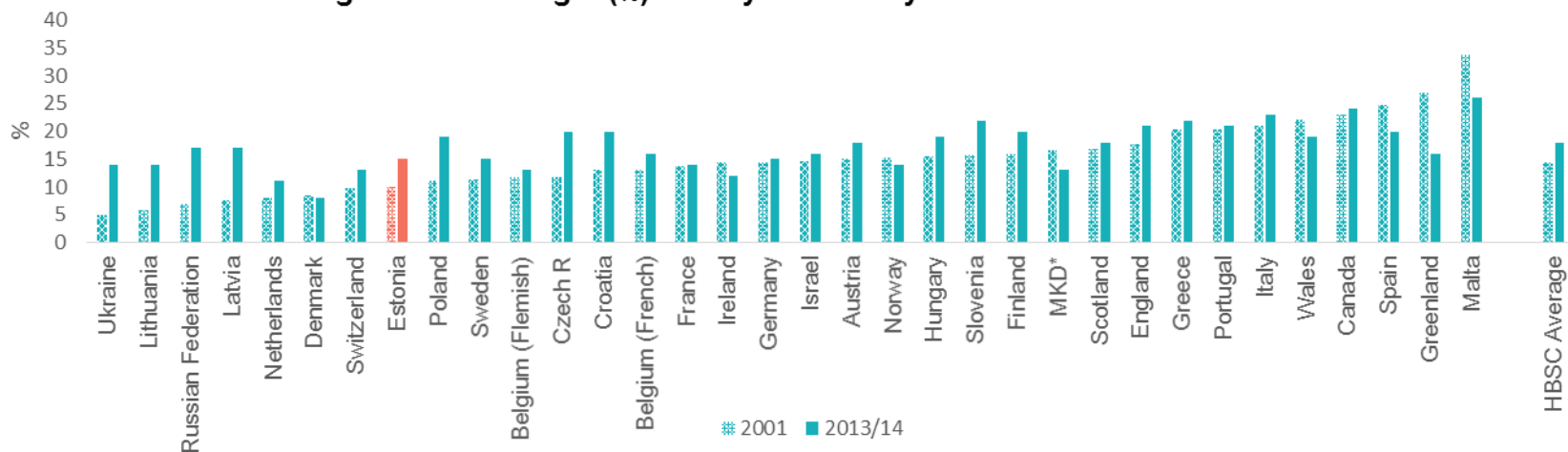
% Meeste ülekaalulisus vanuse ja haridustaseme alusel Eestis 2014



Vähem kui esmane, esmane ja põhiharidus (tasemed 0-2)
 Gümnaasiumi ja keskharidus, mitte kõrgharidus (tasemed 3-4)
 Kõrgharidus (tasemed 5-8)



Changes in Overweight (%) in 13 year old boys between 2001 & 2013/14

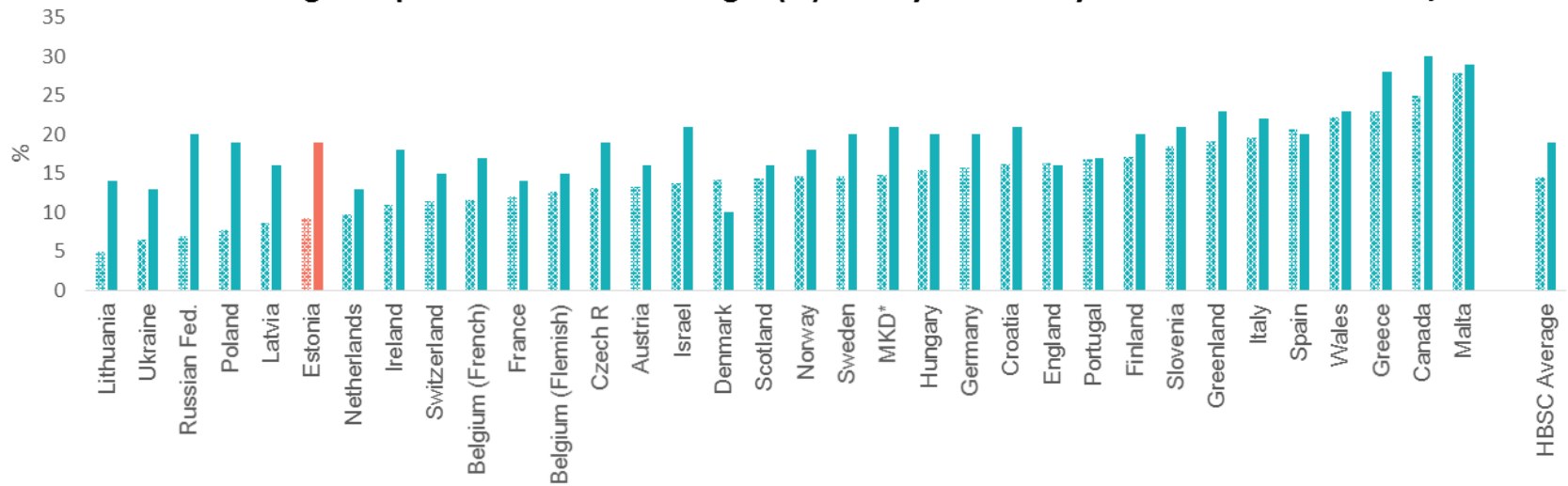


* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



Changes in prevalence of Overweight (%) in 15 year old boys between 2001 & 2013/14



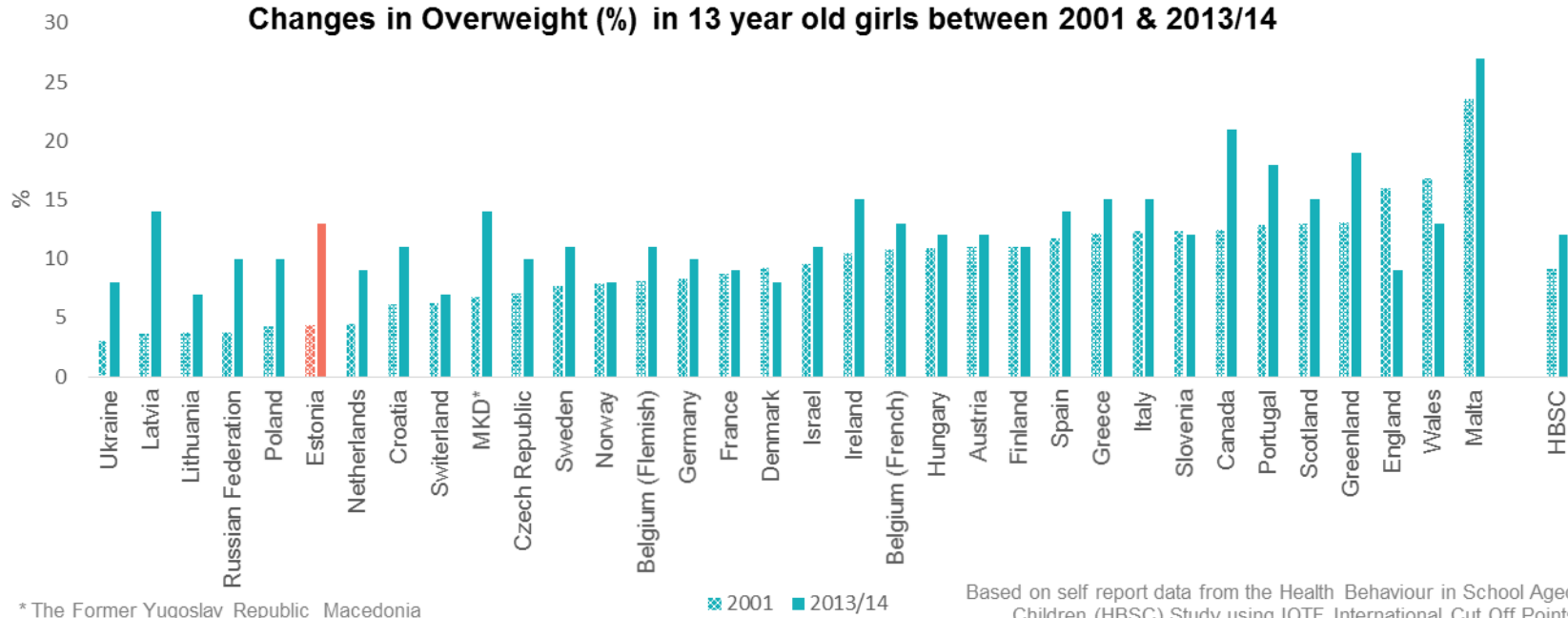
* The Former Yugoslav Republic Macedonia

2001 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

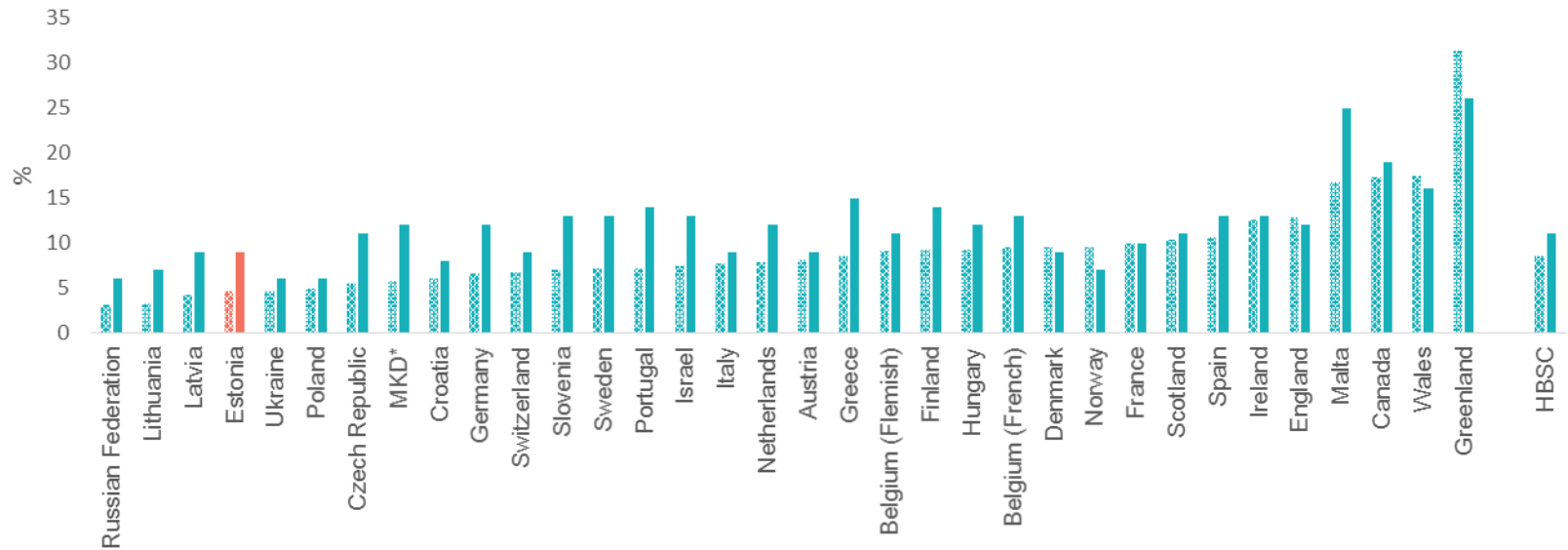


Changes in Overweight (%) in 13 year old girls between 2001 & 2013/14





Changes in prevalence of Overweight (%) in 15 year old girls between 2001 & 2013/14



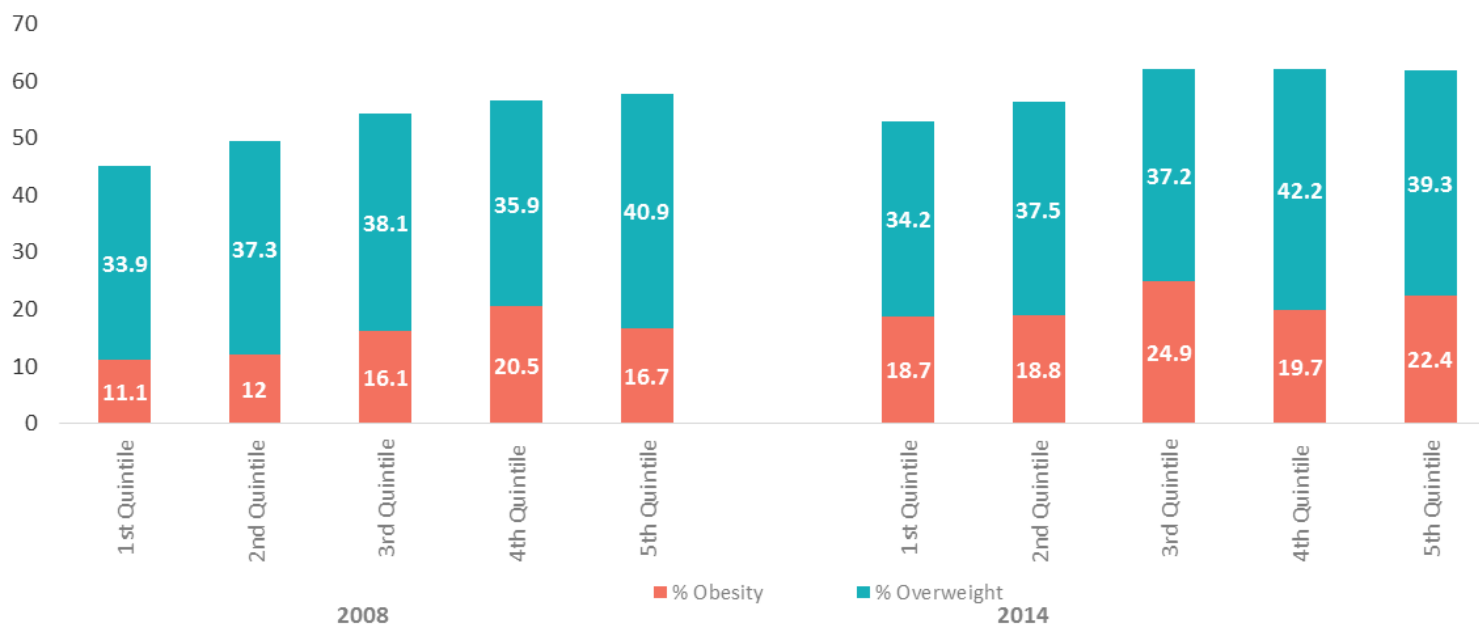
* The Former Yugoslav Republic Macedonia

2001 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



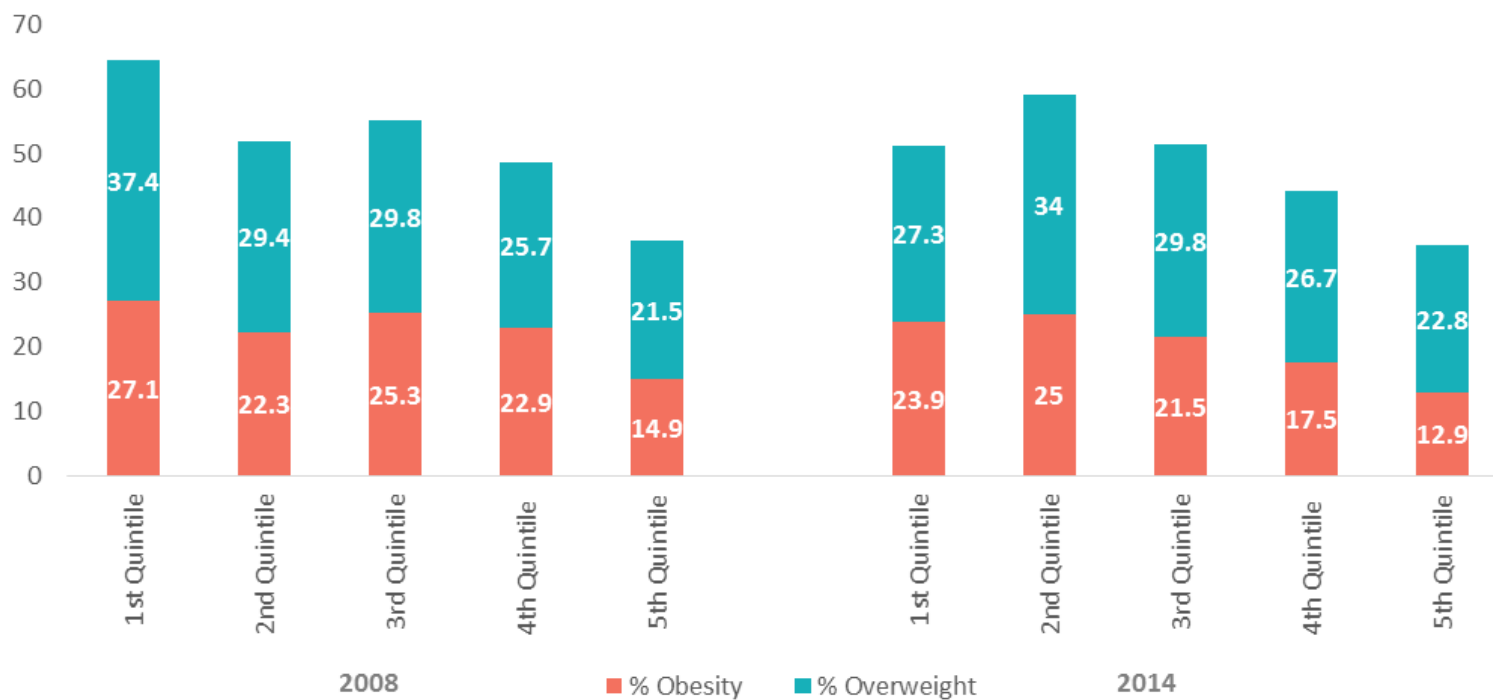
% Overweight & Obesity in Estonian Male adults by Income Quintile in 2008 & 2014



1st Quintile lowest income, 5th Quintile Highest income



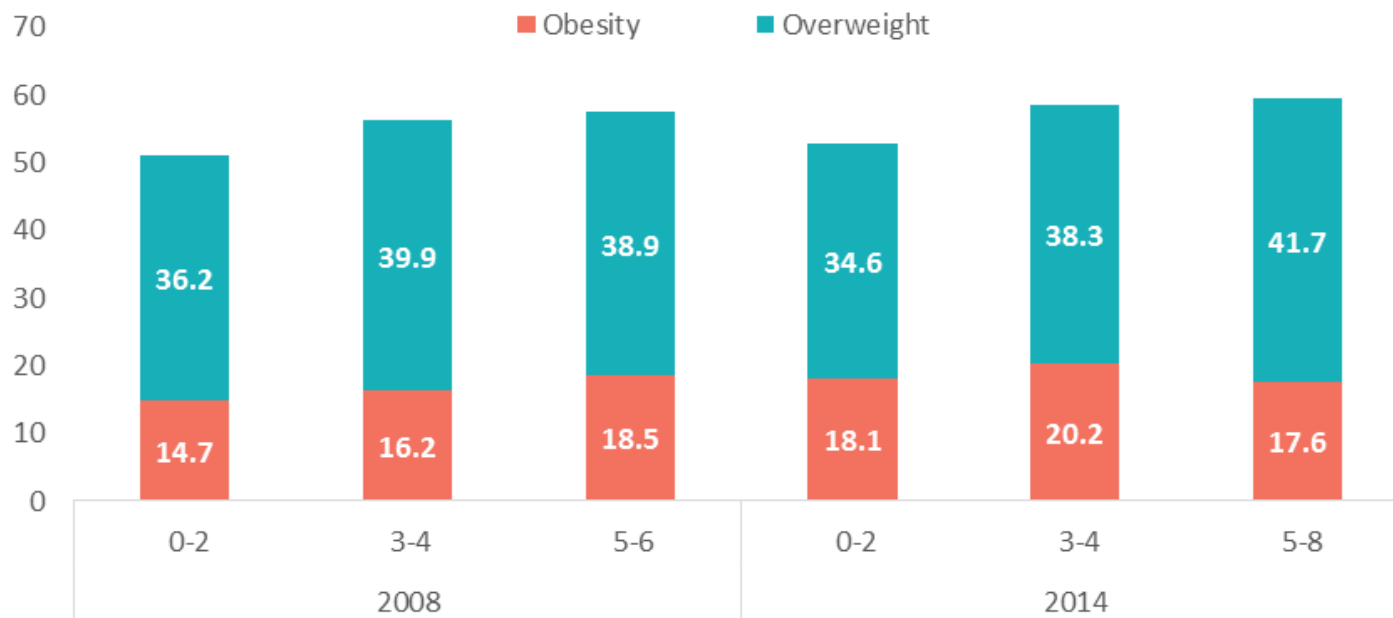
% Overweight & Obesity in Estonian Female Adults by Income Quintile in 2008 & 2014



1st Quintile lowest income, 5th Quintile Highest income



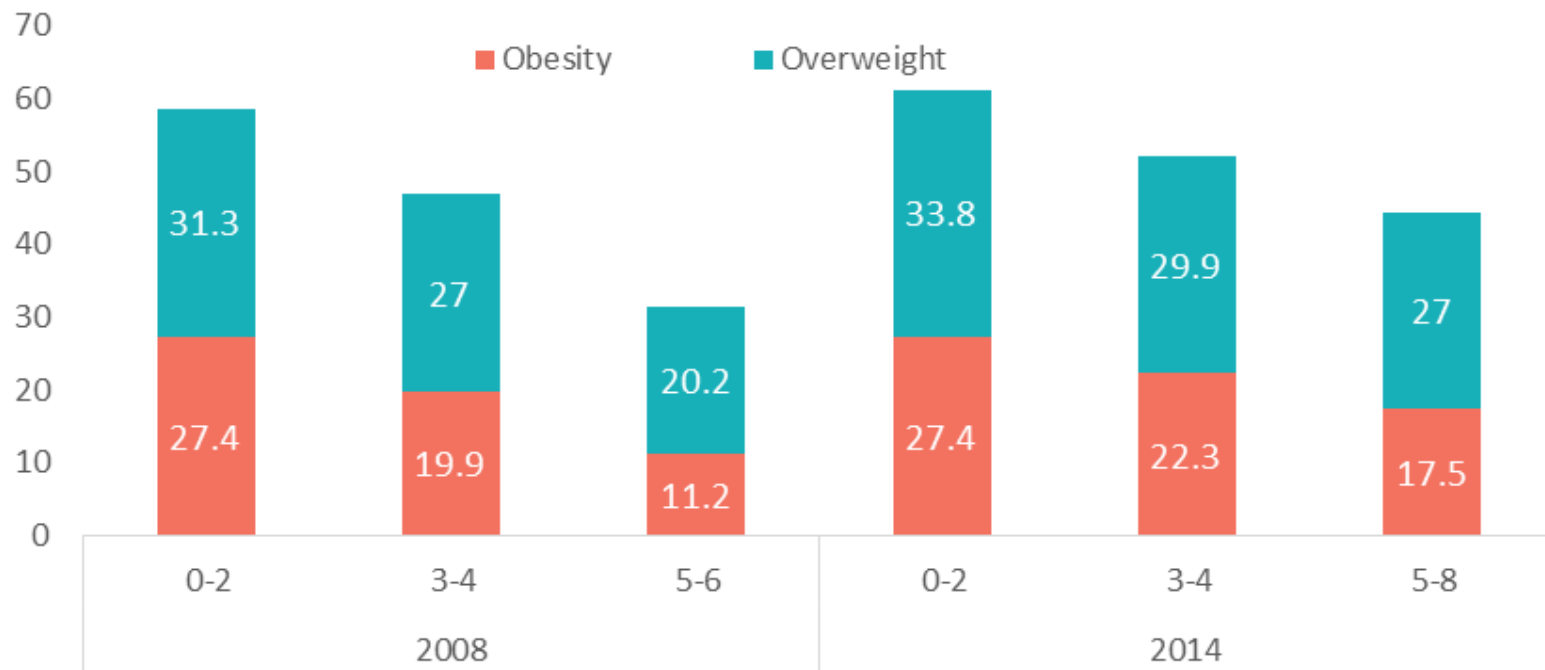
% Overweight & Obesity in Estonian Male adults by Educational attainment 2008 & 2014



Less than primary, primary and lower secondary education (levels 0-2)
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
 Tertiary education (levels 5-6/8)



% Overweight & Obesity in Estonian Female adults by Educational attainment 2008 & 2014



Less than primary, primary and lower secondary education (levels 0-2)
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
 Tertiary education (levels 5-6/8)



% Insufficiently active male adolescents living in EU Member Countries (2010)





Estonia

% Insufficiently active female adolescents living in EU Member Countries (2010)





Estonia

% Insufficiently active male adults living in EU Member Countries (2010)





Estonia

% Insufficiently active female adults living in EU Member Countries (2010)





Sugar Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
 Sugar Consumption/Sales for individuals living in EU Member Countries.
 Derived from: Euromonitor International, Nutrition 2016 edition



Vegetable Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
 Vegetable Consumption/Sales for individuals living in EU Member Countries
 Derived from: Euromonitor International, Fresh Food, 2016 edition



Confectionery Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta

Confectionery Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Packaged Food, 2016 edition



Estonia

Sweet & Savoury Snack Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta

Sweet and Savoury Snacks Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Packaged Food, 2016 edition



Fruit Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
 Fruit Consumption/Sales for individuals living in EU Member Countries
 Derived from: Euromonitor International, Fresh Food, 2016 edition



Soft Drink Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
 Soft Drink Consumption/Sales for individuals living in EU Member Countries
 Derived from: Euromonitor International, Soft Drinks, 2016 edition

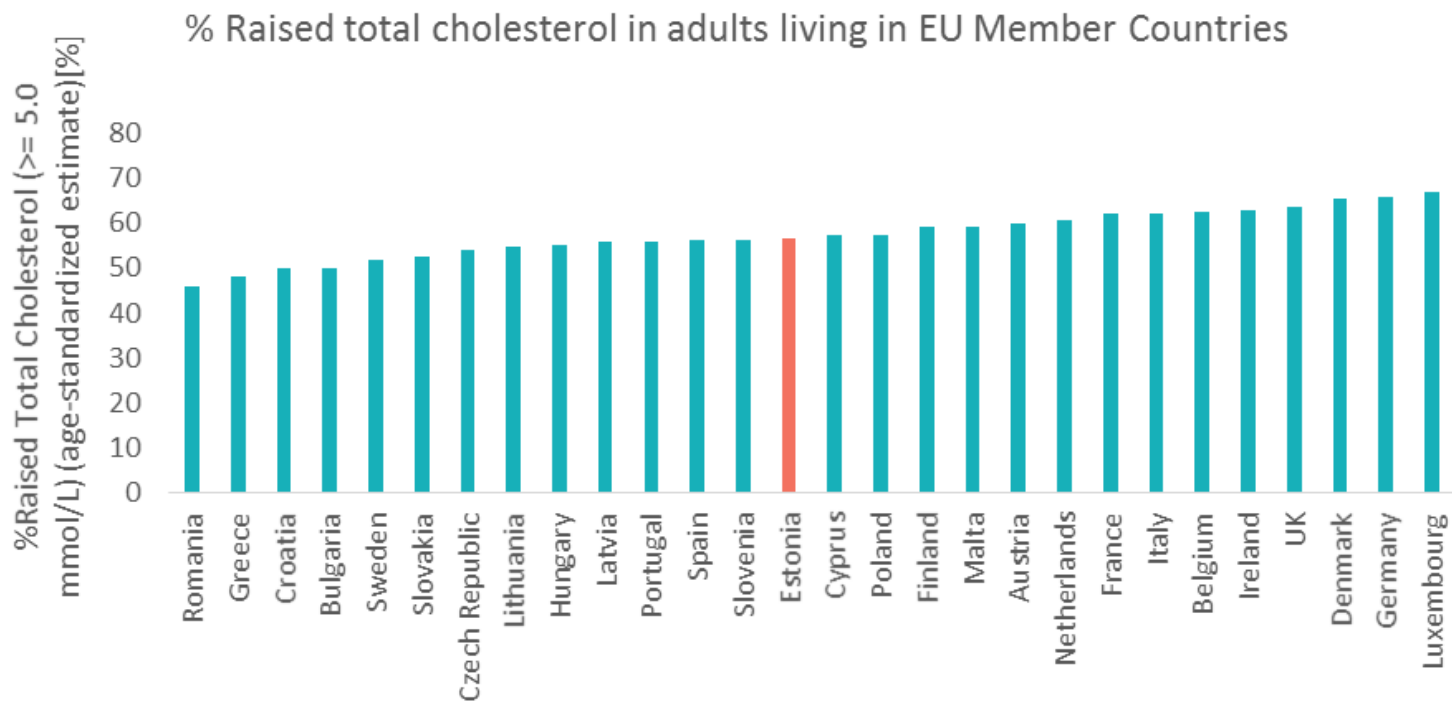


Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries





Estonia



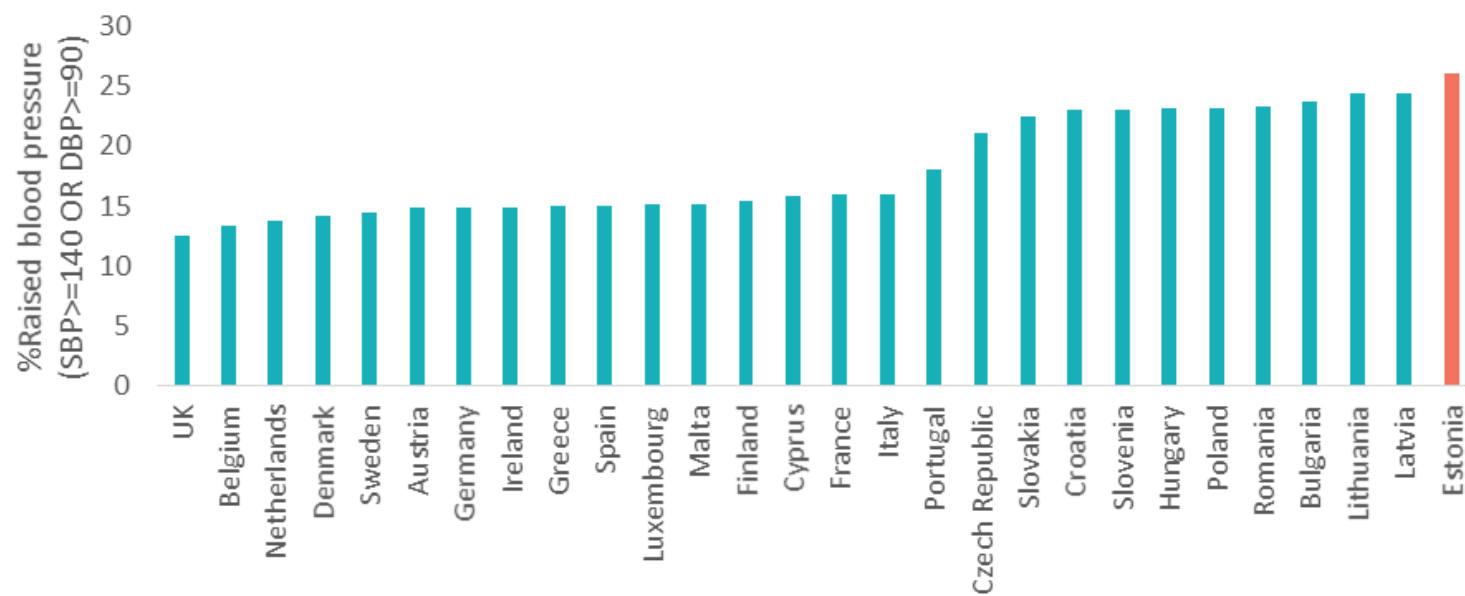


% Raised blood pressure in males living in EU Member Countries (2014)





% Raised blood pressure in females living in EU Member Countries (2014)





Estonia

Colorectal Cancer incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Estonia

Colorectal Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Estonia

Breast Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Estonia

Cancer of the Uterus incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Pancreatic Cancer incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Estonia

Pancreatic Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Estonia

Cancer of the Kidney incidence in males living in EU Member Countries

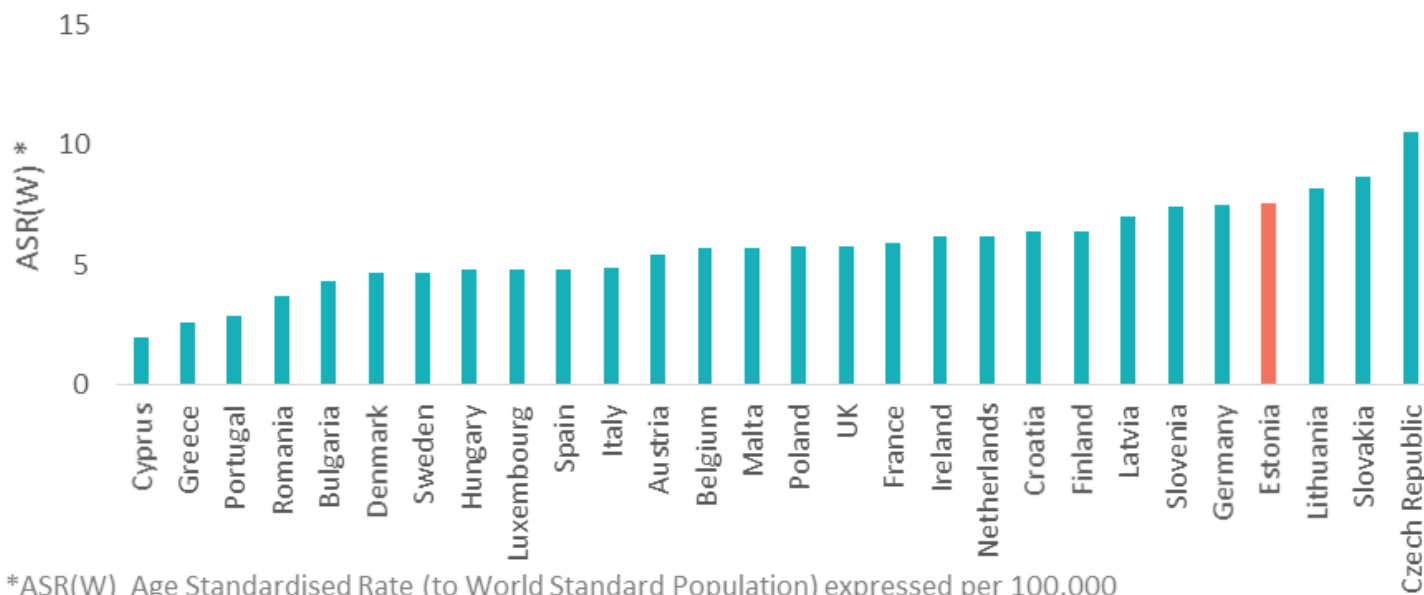


*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Estonia

Cancer of the Kidney incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Actions Map	Select link below to view (right click to open hyperlink)
Obesity Related Policies or Interventions	Adults
	Child
	Adult & Child



% Overweight & Obesity Maps	(select link below to view)	
Current Prevalence	Men Boys	Women Girls
By Age	Adult	Child
By Region	Adult	Child n/a
By Educational Status	Adult	Child
By Socio-economic group	Adult	Child
Trend NB. To view the time period you are interested in you must choose a time period and click 'Change year' to update the map)	Men Boys	Women Girls



Overweight & Obesity %	Data sources available at www.worldobesity.org/data/
EUROSTAT data	Eurostat Database: http://ec.europa.eu/eurostat
HBSC data	Health Behaviour in School Aged Children (HBSC) http://www.hbsc.org/
Population Estimates	UN Population Estimates, United Nations, http://esa.un.org/unpd/wpp/
Diabetes estimates 2015	Reproduced with kind permission of IDF, Diabetes Estimates 2015, IDF, http://www.diabetesatlas.org/resources/2015-atlas.html
Worldwide GINI Index	Worldwide GINI Index, http://data.worldbank.org/indicator/SI.POV.GINI?locations=HR (last accessed 12th August 2017)
Physical Inactivity estimates	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A893?lang=en
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Raised BP	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Cancer incidence rates	Cancer incidence rates, GLOBOCAN, IARC, http://globocan.iarc.fr/Pages/online.aspx
Consumption/sales	All consumption/sales information are derived from Euromonitor International



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